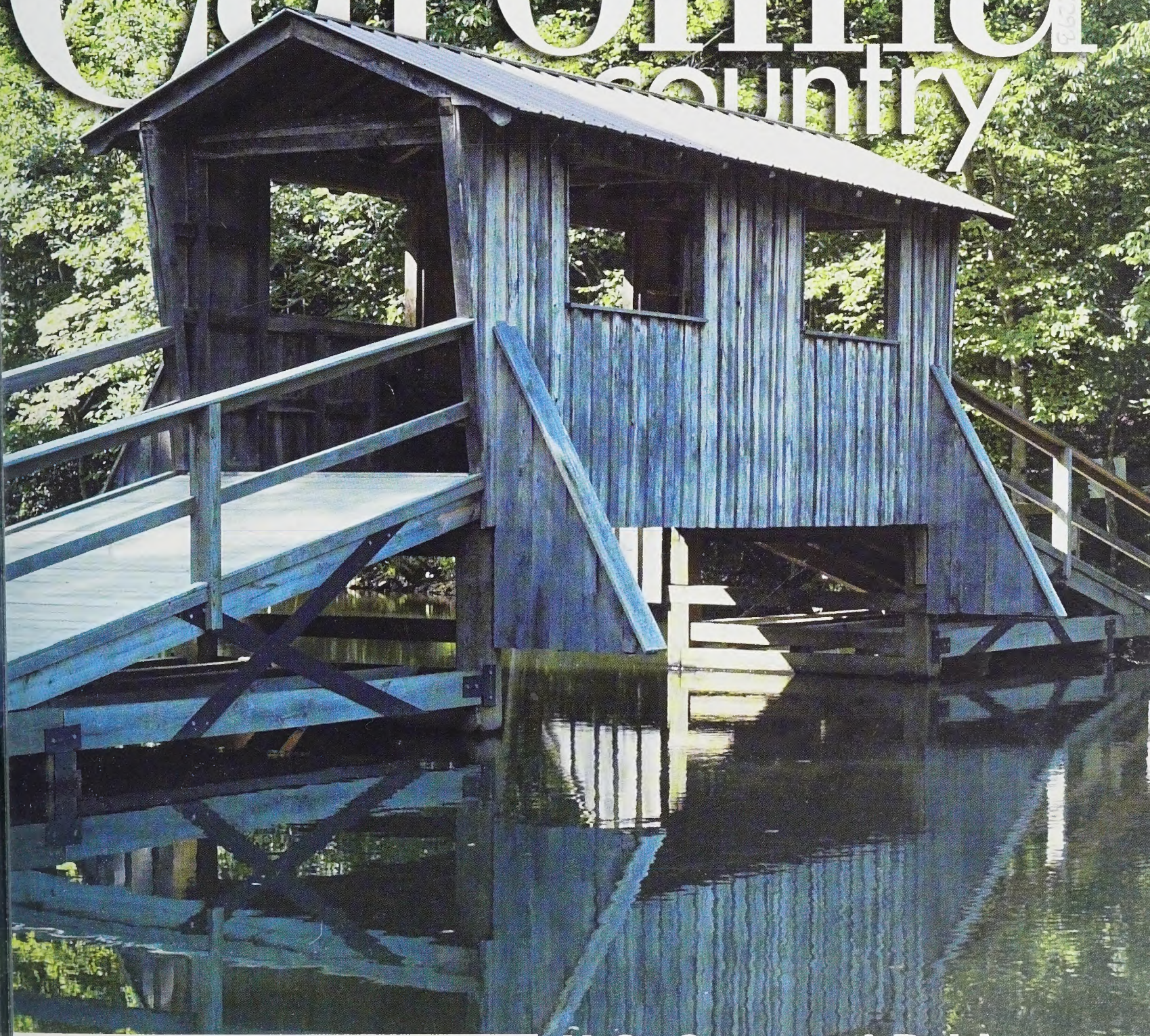


Carolina country



N.C. Covered Bridges

ALSO INSIDE:
Green home improvement
Electrical safety quiz
Your favorite memories

CHAPEL HILL NC 27599-0001
3930 UNC-CH
WILSON LIBRARY
N CAROLINA COLLECTION

#BXNGZPW *****AUTO**3-DIGIT 275
#0440522964300009# 8 41

Your Touchstone Energy® Cooperative

"With God, All Things Are Possible"

The Holy Trinity Will Embrace You...

Discover a beautiful new way to embrace your faith with "The Trinity Sapphire and Diamond Cross Ring"—only from The Bradford Exchange.

Hand-crafted in an Exclusive Design

Exquisitely hand-crafted of solid sterling silver with 24K-gold plating, this ring features a "double band" infinity symbol look. Four stunning sapphires form a cross in its center, and three genuine diamonds symbolize the Father, Son and Holy Ghost. On the inside, the sentiment "With God, All Things Are Possible" is engraved as a constant reminder of the joy of true faith.

Remarkable Value ... For a Limited Time

This exclusive ring is available at just \$119, payable in 4 easy installments of \$29.75 and comes with a Certificate of Authenticity. To reserve yours, backed by our 120-day guarantee, send no money now; just mail the Reservation Application. But hurry... this is a *limited-time offer*!



The Trinity SAPPHIRE AND DIAMOND CROSS RING

Solid sterling silver, plated with 24K gold

4 genuine sapphires

3 brilliant diamonds

Beautifully engraved band.

LIMITED-TIME OFFER

Reservations will be accepted on a *first-come, first-served basis*. Respond as soon as possible to reserve "The Trinity Sapphire and Diamond Cross Ring."



Shown actual size

*Plus a total of \$8.98 for shipping and service. Allow 4-6 weeks for delivery of your ring after we receive your initial deposit. All sales subject to product availability and order acceptance.

To assure a proper fit, a ring sizer will be sent to you after your reservation has been accepted.

©2009 BGE 01-09011-001-BILU

RESERVATION APPLICATION



P.O. Box 806, MORTON GROVE, IL 60053-0806
YES. Please reserve "The Trinity Sapphire and Diamond Cross Ring" for me as described in this announcement.

Mrs. Mr. Ms.

Name (Please Print Clearly)

Address

City

State

Zip

01-09011-001-E67291



*Beautifully presented
in a custom-crafted
case with Certificate
of Authenticity*

www.bradfordexchange.com/9011

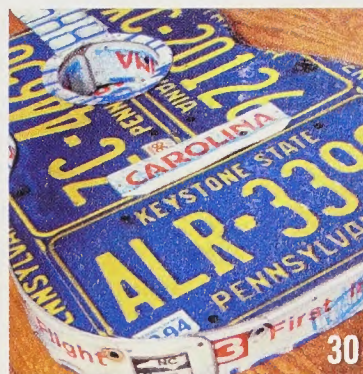


FEATURES

- 6 **Jacob's Log**
Hanging in there with my mama.
- 12 **If You Blow a Fuse, What Should You Do?**
Take this quiz to test your understanding of electrical safety.
- 16 **Green House**
Some of the latest ideas for home improvement options that can save money, energy and the environment.
- 20 **"Breaking Ground"**
New art from Ronald Ragland.
- 26 **A Passion for Covered Bridges**
North Carolina covered bridges as seen by artists Dempsey Essick, Ashley Fetner and Eddie Hough.
- 28 **Them There Pans**
The first Teflon pans, learning to eat beans and cornbread, the table with Aunt George, and more of your favorite memories.

ON THE COVER

The covered bridge on the pond at Camp Caraway, a camp, retreat and conference center in Sophia, Randolph County. Photography by Ken Hall.




FAVORITES


Departments

- 4 **First Person**
You can trust the Energy Star label. Plus your letters and photos.
- 8 **More Power to You**
How much energy do swimming pool pumps use?
- 30 **Carolina Country Store**
License plate guitars.
- 32 **Joyner's Corner**
A North Carolina Sudoku.
- 33 **Marketplace**
- 34 **Carolina Gardens**
Flowers on fire.
- 37 **Carolina Compass**
May events.
- 40 **Energy Cents**
Tracking home energy use.
- 41 **Classified Ads**
- 42 **Carolina Kitchen**
Green Pea Salad, Barbecued Hot Wings, Marinated Catfish Fillets, Grilled Pineapple, Vanilla Pudding Dessert

Carolina country

Read monthly in more than 650,000 homes

 Published by North Carolina Association
of Electric Cooperatives, Inc.

Your Touchstone Energy® Cooperative 

3400 Sumner Blvd.
Raleigh, NC 27616
www.carolinacountry.com

Editor

Michael E.C. Gery, (919) 875-3062

Senior Associate Editor

Renee C. Gannon, CCC, (919) 875-3209

Contributing Editor

Karen Olson House, (919) 875-3036

Creative Director

Tara Verna, (919) 875-3134

Senior Graphic Designer

Warren Kessler, (919) 875-3090

Graphic Designer

Linda Van de Zande, (919) 875-3110

Publication Business Specialist

Jenny Lloyd, (919) 875-3091

Advertising

Jennifer Boedart Hoey, (919) 875-3077

Executive Vice President & CEO

Rick Thomas

Senior Vice President, Corporate Relations

Nelle Hotchkiss

North Carolina's electric cooperatives provide reliable, safe and affordable electric service to nearly 900,000 homes and businesses. The 26 electric cooperatives are each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

Why Do We Send You Carolina Country Magazine?

Your cooperative sends you Carolina Country as a convenient, economical way to share with its members information about services, director elections, meetings and management decisions. The magazine also carries legal notices that otherwise would be published in other media at greater cost.

Your co-op's board of directors authorizes a subscription to Carolina Country on behalf of the membership at a cost of less than \$4 per year.



Member, Audit Bureau of Circulations

Advertising published in Carolina Country is accepted on the premise that the merchandise and services offered are accurately described and willingly sold to customers at the advertised price. The magazine, North Carolina Association of Electric Cooperatives, Inc., and the member cooperatives do not necessarily endorse the products or services advertised. Advertising that does not conform to these standards or that is deceptive or misleading is never knowingly accepted. Should you encounter advertising that does not comply with these standards, please inform Carolina Country at P.O. Box 27306, Raleigh, NC 27611. (919) 875-3062.



Carolina Country magazine is a member of the National Country Market family of publications, collectively reaching over 8.4 million households.

Carolina Country is available on cassette tape as a courtesy of volunteer services at the N.C. Department of Cultural Resources, Library for the Blind and Physically Handicapped, Raleigh, N.C. (888) 388-2460.

Periodicals postage paid at Raleigh, N.C., and additional mailing offices. Editorial offices: 3400 Sumner Blvd., Raleigh, N.C. 27616. Carolina Country® is a registered trademark of the North Carolina Association of Electric Cooperatives, Inc. (ISSN 0008-6746) (USPS 832800)

POSTMASTER: Send form 3579 to P.O. Box 27306, Raleigh, N.C. 27611.

Subscriptions: Individual subscriptions, \$10 per year. \$20 outside U.S.A. Schools, libraries, \$6.

HAS YOUR ADDRESS CHANGED?

Carolina Country magazine is available monthly to members of North Carolina's electric cooperatives. If you are a member of one of these cooperatives but do not receive Carolina Country, you may request a subscription by calling Member Services at the office of your cooperative. If your address has changed, please inform your cooperative.

All content © Carolina Country unless otherwise indicated.



Soy ink is naturally low in VOCs (volatile organic compounds) and its usage can reduce emissions causing air pollution.

You can trust the Energy Star label



By Robert H. Goodson

You may have seen news accounts recently that cast doubt on the Energy Star system for rating the energy efficiency of consumer products. I would like to explain how those reports came about.

First of all, we can assure you that you can still trust the Energy Star label. We have worked with Energy Star long enough to know that the procedures and standards are highly reliable. You will save energy and money, as well as protect the environment, with Energy Star-rated products.

Energy Star is a voluntary, international standard for rating energy-efficient consumer products. Created by the U.S. Environmental Protection Agency (EPA) in 1992, the program covers more than 60 categories. Devices carrying the Energy Star logo, such as computers and electronics, kitchen and household appliances, residential lighting and windows, deliver the same or better performance and use 20 percent to 30 percent less energy on average than comparable models.

In March, the Government Accountability Office (GAO), a non-partisan congressional watchdog agency that audits federal programs, completed a nine-month investigation of the Energy Star program. As part of its study, GAO submitted for Energy Star evaluation some fake products, such as a gasoline-powered alarm clock, and listed non-existent companies. In the end, GAO found Energy Star to be "vulnerable to fraud and abuse."

In response, EPA noted, "We take this report very seriously. We welcome all efforts, internal or external, to improve the [Energy Star] program. That's why we have started an enhanced testing program and have already taken

enforcement actions against companies that violated the rules."


The U.S. Department of Energy explains that Energy Star uses a series of checks to ensure consumers are getting products that cut energy costs and greenhouse gas emissions. One of the reasons the system has worked is that manufacturers have a market incentive to test competitors' products and report violations, which supports Energy Star's own independent testing, verification and enforcement initiatives.

Starting this year, Energy Star is expanding third-party evaluations and implementing a two-step internal testing process to broaden the evaluation of Energy Star-qualified products.

This is an 18-year-old energy efficiency program that North Carolina's

electric cooperatives have long promoted. A survey by the Consortium for Energy Efficiency—a group including members such as the Tennessee Valley Authority and Bonneville Power Administration—discovered 76 percent of American households recognize the Energy Star brand. Of these consumers, 73 percent purchased an Energy Star-labeled product within the last year.

The currently available federal energy efficiency tax credits for appliances and home heating and air-conditioning systems require qualifying products to be Energy Star-rated.

Also, remember that when considering major appliances you can refer to the yellow Energy Guide label which shows the estimated kilowatt-hour and operating costs. 

Robert H. Goodson is chief operations officer of GreenCo Solutions, a North Carolina not-for-profit services company formed to help its member cooperatives meet their energy efficiency and renewable energy goals.



Ms. Althea's recipe

I am the daughter of Althea whose recipe for Neiman Marcus Bars was featured in the March Carolina Kitchen section. My mother passed away in 2009. She would have been tickled to know her recipe is the feature this month. She got that recipe from me and made them many times. Mom always said you print the best recipes, so I was glad to know that they're available online. I will donate the check you sent her to a local Food Pantry in her name.

Janet Hofstetter, Greenville



Lines in the snow

I am enclosing a photo of some Pitt & Greene EMC power lines that run past my house. This was after the snow we had in February. Note the hint of blue sky at the far end of the "tunnel of snow."

James Taylor, Farmville, Pitt & Greene EMC



Feed this caterpillar

Summer is on the way, and we have vegetables and herbs growing to complement our gardens. Some garden critters need your protection. There are some insects that destroy our plants and provide no benefits, but this photo is to identify one creature to let stay and graze in your garden. This little fellow will turn into the beautiful Eastern Black Swallowtail butterfly. Please don't spray or remove him from your parsley or dill. Help to increase these beautiful butterflies throughout North Carolina by planting extra parsley, dill and fennel. It's a good project for kids to grow them in your flower garden and watch the transformation.

Jaine Herring, Gates County, Albemarle EMC



Chillin'

This picture was taken by Teddy Bullard, customer service representative in our Whiteville District office. It's Teddy's wife Nancy's "pet chicken" after the big and very unusual snowfall we had in late February.

Our employees suggested these captions, among others:

"Go Green" with nature's fresh frozen chicken.

Foul weather everywhere!

And they say chickens can't fly. This chick is chillin'.

Can you see me now?

Linda Thomas, Brunswick EMC, Shallotte



God's creatures

Our grandson, Jonah Robinson, loves all God's creatures, great and small.

Ken & Sylvia Robinson, Morganton, Rutherford EMC

Contact us


Web site: www.carolinacountry.com

E-mail: editor@carolinacountry.com

Phone: (919) 875-3062

Fax: (919) 878-3970

Mail: 3400 Sumner Blvd.
Raleigh, NC 27616

 Find us on facebook at
www.carolinacountry.com/facebook

JACOB'S LOG: The precious part

By Jacob Brooks

Hello out there, Carolina Country readers. Thanks for dropping by for another rambling article. I hope everything is going well out across beautiful North Carolina, and y'all have had a wonderful April.

I would like to share some of the knowledge I have gained over the past month.

My life has been sort of turned upside down and run through the ringer recently. Unfortunately, my family and I received some heart-breaking news in March: my mother was diagnosed with acute myeloid leukemia. First of all, let me say that she is doing better. Her treatments have gone well, and she has gone through some very difficult times, but overall, she has improved. She will continue to be treated throughout the summer. So please keep my family in your thoughts and prayers.

As you can imagine, I was incredibly devastated by the news. I spent several days contemplating the whole situation. I began to reevaluate things in my life, and I began pondering the question: "Where have we as mankind been focusing our lives?" In a world contaminated with greed, corruption, lies and deception, we as people have tragically lost focus on the important things in life. It appears that somewhere along the way we have lost touch with ourselves and have gotten too wrapped up in the day-to-day rat race. My heart aches, and continues to ache, over the thought of everyone simply out to better themselves. I shudder to think that greed has become the motivation and drive behind success in the world today. I shudder to think that this world sees the Almighty Dollar as important as oxygen. Are the simple things such as the gift of life and family no longer our most valuable possessions?


One of my teachers once told me that from the moment we are born, our time here on Earth is ticking down. At that time, I didn't pay any attention to these words because I was more focused on the blonde-haired, green-eyed girl in front of me. Now, however, these words send a very powerful message to me. I have known all along that life is a precious gift, and I have always known that it can change in the blink of an eye. I have just always naively thought that it never would.



Now I would prefer the simplest thing in life: I would love to have my mama home with me instead of at the hospital.

I can remember as a child always wanting the material things. (Man, even as I'm thinking about it I would love to get my hands on some more bottle rockets.) I can remember being jealous of the kids who always had the newest clothes and coolest toys. Now as a teenager, I would prefer the simplest thing in life: I would love to have my mama home with me instead of at the hospital.

In my opinion, the world has, for some reason, gotten itself in a tremendous hurry. We're always trying to move on to bigger and better things when what we've got right now is perfectly fine. Sure, there are some issues that need to be resolved, but like Papaw says, "If it ain't broke, don't break it."

We all only get one shot at this game of life. Yes, we are going to be thrown some nasty curveballs, but we've got to keep our heads down and keep on swinging. I thank God for my life and the blessings he has given me. I appreciate the simple things in life. To all of you, my friends, my family, and especially my mom: Thanks for everything and I love you. 

Jacob Brooks, a high school senior in Alleghany County, represents Blue Ridge Electric and North Carolina's electric cooperatives on the national Youth Leadership Council. He can be reached at 856 Bailey Rd., Ennice, NC 28623.



Follow Jacob on the Carolina Country page on Facebook.



**"SEMPER FI OVER
THE CAROLINA SKY"**

Cleared for Take Off! MAY 21-23



You and your family will be astonished and astounded when you experience the Carolinas' largest air show, the upcoming "MCAS Cherry Point Air Show", May 21-23, highlighting a variety of the world's finest aviation demonstrations to include the US Navy Blue Angels!

Get ready for mach speeds with the ultimate in aerial entertainment in the sky and on the ground highlighting a spectacular "Night Show" on Friday evening and two full weekend "Day Shows".

Featuring a variety of high speed modern military flybys, historic static aircraft and entertaining on-the-ground events and activities, this is a phenomenal family experience!

Performers & Highlights Include:

- ★ US Navy Blue Angels
- ★ Marine Air Ground Task Force Demo
- ★ Shock Wave Jet Truck
- ★ Canadian Skyhawks Skydiving Team
- ★ Numerous Civilian & Military Flight Demos
- ★ Historic & Modern Static Aircraft
- ★ Children's Activities & Much More! ★

WANT PREMIUM SEATS?

- ~ Chalet Seating
- ~ Box Seat Sections
- ~ Bleacher Seats

All are available at
cherrypointairshow.com

cherrypointairshow.com • 1-866-WINGS-NC

Proudly Sponsored by:



Eastern North Carolina's
electric cooperatives



Touchstone EnergySM
The power of human connections

No USMC or Federal Endorsement Implied

★ ADMISSION & PARKING ARE FREE! ★

Electric co-op leaders discuss the economy, climate change and emerging technology

Some 300 board members and staff of North Carolina's electric cooperatives in March reviewed the past year's achievements and focused on coming initiatives at the annual meeting of their statewide organizations held in Raleigh.

Discussion centered on strategies for supplying and maintaining safe, affordable, reliable electric distribution service for a steadily rising consumer demand, especially in a sluggish economy and in anticipation of regulations affecting the industry's impact on climate change. While progress in attaining energy efficiency at all levels of consumption has made a difference, the state's co-ops face growing service areas and demand. New technologies, including automated meters and other "smart grid" services, are being implemented to serve consumer-members, but the need remains to plan for building or investing in new energy supply and infrastructure.

Sen. Martin L. Nesbitt Jr., N.C. Senate majority leader, told the meeting that he understands the constraints facing the electric utility business and is prepared to work with cooperative leaders in helping to advance economic and educational opportunities in the regions where cooperatives serve.

W. Terry Boston, president and CEO of PJM Interconnection, the organization overseeing the nation's largest transmission grid, said that bringing on new energy resources such as wind and other renewable sources, as well as serving requirements of the electric vehicles of the future, will require a substantial investment in new transmission facilities. While some transmission is being built and planned, he said, more faces steep legal and environmental challenges. Lagging behind in advancing the transmission infrastructure is not an option, he said. "If you think the

cost of electricity is high," he said. "You should see the cost of not having it."

The meeting also recognized winners of this year's college scholarships given by the cooperatives' statewide organizations. Two went to Jacob Brooks of Alleghany County who was sponsored by Blue



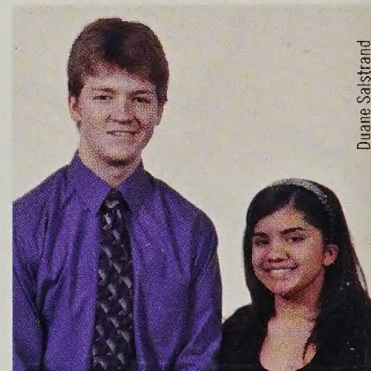
N.C. Senate majority leader Martin L. Nesbitt Jr. described the economic constraints facing business and the state government.



W. Terry Boston, CEO of the transmission grid system's PJM Interconnection, told the co-ops' statewide meeting "If you think the cost of electricity is high, you should see the cost of not having it."

Ridge Electric, and the third to Enka Bullard of Pembroke who was sponsored by Lumbee River EMC.

During the meeting, the National Rural Utilities Cooperative Finance Corporation (CFC) announced donations to two statewide cooperative programs: the Bright Ideas education grants program (\$12,600) and new employee and director education (\$3,000). In addition, Co-Bank, a national cooperative bank serving co-ops, donated \$5,000 to the Bright Ideas program and \$5,000 to UNC Burn Center programs supported by the co-ops. The National Cooperative Services Corp. made a \$3,000 contribution to the Youth Tour to Washington.



Jacob Brooks of Alleghany County received the Youth Leadership Council and the Gwyn B. Price college scholarships. Enka Bullard of Pembroke received the Katie Bunch college scholarship.

Officers elected

Officers elected to lead the statewide power supply cooperative North Carolina Electric Membership Corporation were R. W. "Chip" Leavitt Jr., Brunswick EMC, president; Donald H. Spivey, Pee Dee EMC, vice president; Mitchell L. Keel, Four County EMC, secretary-treasurer.

Elected to the statewide services association North Carolina Association of Electric Cooperatives were Mark A. Suggs, Pitt & Greene EMC, president; J. Douglas Brinson, Tideland EMC, vice president; James B. Kinghorn Jr., Cape Hatteras Electric, secretary-treasurer.

Elected to the statewide material supply co-op Tarheel Electric Membership Association and TEMA Services were Michael S. Beasley, Surry-Yadkin EMC, president; David Eggers, Blue Ridge EMC, vice president; Mark A. Suggs, Pitt & Greene EMC, secretary-treasurer.

—Michael E.C. Gery

Try This!

Q: How much energy does my swimming pool pump use?

A: Many pool owners may not know that their pools are wasting electricity. The energy used to operate the cleaning and filtering equipment of a typical pool for one swimming season can equal the energy used to power an average home for the same period.

Residential swimming-pool pumps circulate and filter pool water to maintain clarity and sanitation. The pump motors range from $\frac{1}{2}$ to 3 horsepower (hp) in size and typically operate from four to 10 hours per day. The U.S. Department of Energy (DOE) estimates the average service life of a standard pool pump to be 10 years. Pool pumps burn through more than three times the electricity of a new refrigerator and can represent the largest single electrical end-use in homes that have a pool.

By replacing a standard pump and motor assembly with a multi-speed pump (variable-, two-, and four-speed), pool owners can save up to 50 percent (or roughly \$900) on the annual cost of filtering their pools, compared to the typical single-speed pump. This savings can be gained only by running a multi-speed pump mostly at lower speeds. Similarly, replacing a standard pool pump with a high-efficiency unit—a model that has one-fourth to one-half the hp of the original—can result in savings of up to 12 percent on the operational costs.

Multi-speed pool pumps save energy because the motor speed can be reduced, thereby reducing the water speed. In other words, during a typical eight-hour period, a two-speed filtration pool pump operates on high speed for two hours and low speed for six hours. The water moving through the piping reduces the



Pentair Water Pool and Spa

overall system head pressure, which in turn requires less energy to move the water.

A surprising benefit of reduced pump speed is the reduction in energy use. Reducing the pump speed by half actually reduces the power requirement of the pump by three-quarters. Although the pump needs to run twice as long at a lower speed to filter the same amount of water, the unit will still use only one-quarter of the energy required for full speed. In other words, running the pump for 16 hours at low speed still costs about half as much as running the pump for eight hours at high speed. Full-speed operation is still available for more intensive activities, however, such as backwashing or vacuuming.

Keep in mind that proper pipe design and appropriate filter sizing play a significant role in maximizing efficiency.

Another option soaks up the same rays that make poolside so appealing in the first place: replacing a standard pool-pump motor with a properly

Multi-speed pool pumps like this one save energy by running at lower speeds for part of the day. Reducing the pump speed by half actually reduces the power requirement of the pump by three-quarters.

sized solar-powered version can also achieve savings. A solar-powered pump can run on DC power supplied directly from the solar panels, resulting in more efficiency than typical AC pool pumps. Solar is a logical choice for pool pumps because they are used more in summer months when there are more hours of sunlight. However, the effectiveness of solar-powered systems is very dependent on local climate conditions, whereas multi-speed pool pumps perform consistently regardless of location.

—Brian Sloboda

Brian Sloboda is a program manager specializing in energy efficiency for the Cooperative Research Network, a service of the National Rural Electric Cooperative Association.

Can you help others save energy?

Send your conservation ideas or questions to us: P.O. Box 27306, Raleigh, NC 27611, or E-mail: editor@carolinacountry.com

WHERE IN CAROLINA COUNTRY IS THIS? →



April winner

The April photo showed a country store museum and collection assembled by Piedmont EMC member David Smith, whose grandparents ran a store. It is located in Caswell County. Many of you thought it was Smith's General Store in Old Fort, near Black Mountain. The \$25 winner chosen at random from all the correct ones was Samuel Scoles of Yanceyville, a member of Piedmont EMC.

This is a Carolina Country scene in Touchstone Energy territory. If you know where it is, send your answer by May 6 with your name, address, phone number and the name of your electric cooperative.

By e-mail: where@carolinacountry.com

Or by mail: Where in Carolina Country?
P.O. Box 27306
Raleigh, NC 27611

The winner, chosen at random and announced in our June issue, will receive \$25.



CUSTOM HOMES

Built On Your Land!



\$104,990

THE BUCKINGHAM
W/COUNTRY PORCH

LockridgeHomes.com

100% STICK BUILT
MOVE IN
READY

Charlotte
(704) 916-9568

Winston-Salem
(336) 462-8568

Raleigh
(919) 229-9568

LOCKRIDGE
HOMES



*All information is deemed reliable but not guaranteed and is subject to change without notice.



The Ultimate Disney Cuckoo Clock

All your favorite Disney characters star on a hand-crafted Cuckoo Clock with an enchanting castle design



Uniquely designed cuckoo clock makes a wondrous addition to any decor.

©Disney. Winnie the Pooh elements based on the works of A.A. Milne and E.H. Shepard.

Clock case shown smaller than actual height of 17 inches. Requires 2 "D" and one "AA" battery.

www.bradfordexchange.com/disneycuckoo

©2009 BGE 01-07162-001-BIU

From childhood on, some of the most joyful and memorable times in our entire lives are spent with some very dear friends—the beloved stars of Disney's many classics. Now the ultimate gathering of all your favorites will help make every minute magical!

A Treasury of Timeless Memories

The Ultimate Disney Cuckoo Clock features a real wood case crafted in a towering castle design, with sculpted artist's resin turrets and brass-colored flags on top. Below, sculpted figures of Mickey and Minnie Mouse invite you to join the happy gathering of familiar friends. A quartz movement powers the clock's hands and the pendulum (featuring a vintage image of Mickey) that swings underneath. And each hour, Tinker Bell emerges with a magical sound!

A Remarkable Value, Satisfaction Guaranteed!

Strong demand is expected, so act now to acquire *The Ultimate Disney Cuckoo Clock* in five easy installments of \$39.00 each, for a total of \$195.00*. Your purchase is backed by our 365-day guarantee. Send no money now. Just mail the Reservation Application today!



Tinker Bell "cuckoo" announces each hour with a magical sound.

RESERVATION APPLICATION SEND NO MONEY NOW

THE BRADFORD EXCHANGE
HOME DECOR

9345 Milwaukee Avenue • Niles, IL 60714-1393

YES. Please reserve *The Ultimate Disney Cuckoo Clock* for me as described in this announcement.

Limit: one per order. Please Respond Promptly

Signature _____

Mrs. Mr. Ms. _____

Name (Please Print Clearly)

Address _____

City _____

State _____

Zip _____

01-07162-001-E67291

*Plus \$19.99 shipping and service. Limited-edition presentation restricted to 295 crafting days. Please allow 4-8 weeks after initial payment for shipment. Sales subject to product availability and order acceptance.

If you blow a fuse, what should you do?

Electrical safety questions and answers



Carolina Country marks May as electric safety month by offering you a safety quiz. Take the quiz and see how well you score. It's fun, and it could save your life.

1. True or False: If your basement floods, it's OK to walk there if you wear rubber boots.
2. The best way to keep small children away from electric wall outlets is:
 - A. Plastic caps that plug into the outlets.
 - B. Tape over the outlet.
 - C. Tamper-resistant outlets that shut from behind.
 - D. All of the above.
3. True or False: Power strips prevent electrical surges from affecting my electronic equipment.
4. What are Ground Fault Circuit Interrupters (GFCIs)?
 - A. A GFCI is placed underground to interrupt lightning from entering a building.
 - B. A GFCI device is installed in your electric circuits to constantly monitor electricity for any loss of current.
 - C. A GFCI sends a printout to identify which electric circuit is at fault for causing a power outage in your house.
5. If you see a downed power line or low-hanging power line, you should:
 - A. Move it out of the way and call your local electric cooperative.
 - B. Stay clear and call the electric cooperative immediately.
 - C. Don't worry about it because your cooperative already knows about it.
6. How much voltage is needed to hurt or kill people?
 - A. 120 volts.
 - B. 240 volts.
 - C. More than 240 volts.
 - D. Any voltage.
7. If a household fuse blows or a circuit breaker trips, the first thing you should do is:
 - A. Call your electric cooperative.
 - B. Determine what caused the fuse to blow or the breaker to trip.
 - C. Open your breaker box or fuse box.
8. If you have a lot of electronic devices and appliances at work in one area of your house, which is the best way to power them?
 - A. Connect them all to a power strip with a surge suppressor.
 - B. Plug in only the one you intend to use.
 - C. Have an electrician add wall outlets.

Score

8 correct You can work for an electric cooperative. You missed the trick questions.

6-7 correct You learned important information. You chose the wrong answers on purpose.

1-5 correct You learned important information.

0 correct You chose the wrong answers on purpose.

7. **Answer: B.** Determine what caused the fuse to blow or the breaker to trip before replacing or resetting. If you can't find out, call an electrician.

8. **Answer: C.** Heavy reliance on power strips means you have too few outlets for your purposes. Have additional wall outlets installed where you need them.

4. **Answer: B.** If the current differs from that returning, the GFCI quickly switches off power to that circuit. They can prevent electrocution and severe shock. They can be installed anywhere, but the National Electrical Code requires them in receptacles for bathrooms, kitchens, garage walls, crawl spaces, unfinished basements and most outdoor receptacles. They are installed by qualified electricians.

5. **Answer: B.** If you see a downed power line or a low-hanging one, you should stay clear and call your electric cooperative immediately.

6. **Answer: D.** Any voltage can hurt or kill people.

7. **Answer: B.** Determine what caused the fuse to blow or the breaker to trip before replacing or resetting. If you can't find out, call an electrician.

8. **Answer: C.** Heavy reliance on power strips means you have too few outlets for your purposes. Have additional wall outlets installed where you need them.

1. **Answer: False.** This is dangerous. Do not go into a flooded area where electrical equipment or cords may be.

2. **Answer: C.** The shutters behind new tamper-resistant (TR) receptacles will not open. They don't allow access to the contacts unless a two-prong plug is inserted, and they shut when the plug is removed. This ensures that hairpins, keys or other household objects will be locked out. Ask your electrician.

3. **Answer: False.** Only power strips or surge protectors that have an internal circuit breaker will cut power during a surge. These units will trip the breaker to prevent overheating if the power strip is overloaded or shorted. Find out more from your cooperative.

Your cooperative believes it is very important that you know how to be safe around electricity. Just like there's no such thing as being too safe, there's also no such thing as too much information about electrical safety. We hope you enjoyed the quiz and learned something, too.

How did you do?

All information has been approved by the Job Safety & Training Department of the North Carolina Association of Electric Cooperatives.

Together We Have the Power To Find a Balanced Solution.

Ask for Affordable Energy Legislation.

Congress will soon be voting on legislation that will increase energy costs for families and businesses.

Tell your Congressional representative to vote for solutions that balance the needs of the environment with the financial concerns of the American people.

North Carolina's
Electric Cooperatives
Your Touchstone Energy® Cooperatives



Find A
Balanced Solution



FindABalancedSolution.com | 877-40-BALANCE

"As the master craftsman who opened the famous Lincoln Pocket Watch in Washington, D.C., I recently reviewed the the Stauer Meisterzeit timepiece. The assembly and the precision of the mechanical movement are the best in its class."

*—George Thomas
Towson Watch Company*



We Can Only Find One

A rare chance to claim a unique piece of watchmaking history for under \$100!

Eighty-six years ago, a watchmaker in Paris famous for building the magnificent clocks at Versailles created a legendary timepiece. He invented the first watch with an automatic mechanical drive. These innovative movements required no batteries and never needed to be manually wound. Only seven of these ultra-rare watches were ever made and we've studied the one surviving masterpiece in a watch history museum. Inspired by history, classic design and technology, our Stauer *Meisterzeit II* has been painstakingly handcrafted to meet the demanding standards of vintage watch collectors.

Why the new "antique" is better than the original. The original timepiece was truly innovative, but, as we studied it closely, we realized that we could engineer ours with a much higher level of precision. The 27-ruby-jewel movement utilizes an automatic self-winding mechanism inspired by a patent from 1923, but built on \$31 million in state-of-the-art Swiss-made machinery. With an exhibition back, you can see into the heart of the engineering and view the rotor spin—it's powered by the movement of your body.

This limited edition Stauer *Meisterzeit II* allows you to wear a watch far more exclusive than most new "upscale" models. Here is your chance to claim a piece of watchmaking history in a rare design that is priced to wear everyday.

Elegant and accurate. This refined beauty has a fastidious side. Each movement and engine-turned rotor is tested for 15 days and then certified before it leaves the factory.

The best part is that with our special price, you can wear a superb classic historical reproduction watch and laugh all the way to the bank. Stauer specializes in classic timeless watches and jewelry that are made for the millionaires who want to keep their millions. This watch will quickly move to heirloom status in your household.



View the precision movement of the *Meisterzeit* through the rear exhibition port.

Try it for 30 days and if you are not thrilled with the beauty and construction of the *Meisterzeit II*, simply return it for a refund of the purchase price.

Only 4,999 available. Since it takes about 6 months to build each watch, the release is a limited edition, so please be sure to order yours soon.

WATCH SPECS:

- 18K Gold-clad case and bezel
- Precision 27-jeweled movement
- Interior dials display day and month
- Croc-embossed leather strap
- Fits 6 3/4"–8 1/4" wrist

**80%
OFF**

Exclusively Through Stauer

Stauer Meisterzeit II Watch—~~\$395~~
Now only \$95 +S&P Save \$300!

Call now to take advantage of this limited offer.

1-888-324-4351

Promotional Code MZW246-01
Please mention this code when you call.

Stauer

14101 Southcross Drive W.,
Dept. MZW246-01
Burnsville, Minnesota 55337
www.stauer.com

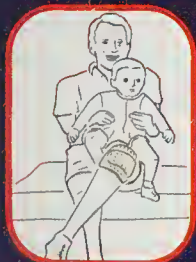
Smart Luxuries—Surprising Prices

MAKE YOUR KNEES FEEL 20 YEARS YOUNGER

Thermal Knee Warmers

**BUY 1 Pair
@ \$7⁹⁷
Get 2nd Pair
FREE**

**Instant
Therapeutic Relief!**



SAVE \$7⁹⁷

Off Catalog Price

CARESS KNEES IN WARMTH & COMFORT

**Relieve Aching
Knee Joints with
Therapeutic Warmth**

**Perfect
For Arthritis
Sufferers**

Dept. 62874 © 2010 Dream Products, Inc.

Order Toll Free 1-800-530-2689

www.DreamProductsCatalog.com (web offers may vary)

INSTANT THERAPY FOR ACHING KNEES!

Experience quick pain relief from stiff, achy, arthritic knee joints. Cozy soft therapeutic knee warmers caress your legs in warmth & comfort at home or away. Gently elasticized for a snug non-binding comfortable fit perfect under slacks or over hosiery. Import made of soft, washable 100% acrylic knit. One size fits most. **Buy one pair, get second pair Free!**

Satisfaction Guaranteed or Return For Your Money Back

Thermal Knee Warmers

Dept 62874

(96870)

____ Thermal Knee Warmers(s)
@ \$7.97 pr.

Buy 1 Pair, Get 2nd Pair FREE

\$

CA residents must add 8.25% sales tax

\$

Add \$4.95 Shipping & Handling
(no matter how many you order!)

\$ 4.95

PLEASE PRINT CLEARLY

TOTAL \$

☐ Check or money order payable to: Dream Products, Inc.

Charge my: ☐ VISA ☐ MasterCard ☐ Discover@/NOVUSSM Cards

Card#

Expiration Date

Name

Address

City

ST

Zip

SEND
ORDER
TO:

Dream Products, Inc.
412 DREAM LANE, VAN NUYS, CA 91496



Some of the latest ideas for home improvement options that can save money, energy and the environment

Green House

By Morgan Zenner

A green investment is about saving money, improving a home's energy efficiency and conserving natural resources. These days, the word "green" is everywhere, but homeowners need to know: What exactly does it mean to go green?

According to Building Design & Construction magazine's White Paper Survey, 55 percent of building industry professionals said they had trouble sourcing green products, and out of those, 81 percent said "green" was not always clearly defined. Why all the confusion?

At one time, green products were considered anything manufactured with at least 30 percent recycled material, but now, there are several other factors that determine sustainability. Every material has energy output; the question is how much and what type. Currently, green products are ranked by their Life Cycle Assessment (LCA), which takes into consideration manufacturing practices, installation, use and eventual disposal.

Americans have also been learning more about increasing energy efficiency recently. By lowering energy use, homeowners preserve existing resources and practice sustainability.

With all these factors, going green is still not as clear cut as homeowners may have thought. So here are items to keep in mind in considering a green investment of your own.

Roofing

A main option for a "green" roof is one that's made from recycled content or from recycling existing roof structures that are being replaced. There are many asphalt roofing collection facilities nationwide that welcome old roofing materials.

Rubber and plastics from other industries, like the automotive industry, have been reformulated into a rubber slate roofing material, which has the Energy Star approval rating.

Roofs have evolved over the years from traditional asphalt roofing to what industry professionals now call cool roofing. Cool roofing options are popular in warmer geographic areas, where sunlight is prevalent.

One type of cool roofing is named reflective roofing because the roof is covered in some form of metal to reflect the sun's rays and decrease heat transferred into buildings. This is especially useful in hot to moderate climates where homeowners have high air-conditioning costs. Some people in moderate climate areas install reflective roofs to avoid having to install an air conditioner altogether.

"We have clients, for the first time, who are considering lighter color and reflective roofs when they found out that a light color roof can



This St. Petersburg, Fla., home took full advantage of a natural resource, the sun. TriplePoint Construction LLC helped them install a 90-percent recycled metal roof to reflect the heat from the sun and make use of the natural Florida sunshine by inserting windows throughout to reduce electrical usage.

give up to 70 percent reflectance, and a dark roof only up to 18 percent,” says Judy Mozen, of Handcrafted Homes Inc. in Roswell, Ga. According to the California Energy Commission’s Public Interest Energy Research (PIER) program, light color roofs last longer and reduce heat buildup—a very important factor for homes in the South.

As another option that is just as effective involves installing a radiant barrier underneath your roof to transfer rays off the home. The radiant barrier is a sheet of reflective metal that transmits heat to the outside.

Finally, there are literally green roofs that involve growing plants on rooftops. Most widely accepted in Germany, the rooftops collect storm-water runoff, which helps avoid flooding in urban areas, and they provide oxygen. They also absorb heat and moderate the urban heat island effect, which cools cities during months when temperatures rise.

Sustainable surfaces

Surfaces in your home include countertops in kitchens and bathrooms and flooring. VOCs, or volatile organic compounds, are a hot topic when it comes to green because according to the U.S. Environmental Protection Agency (EPA), compounds are emitted as gases from certain solids or liquids and include a variety of chemicals that can have adverse health effects.

Just because you choose the greener option doesn’t mean you have to throw out the other considerations in surface choice—such as style, functionality, durability and, in the case of kitchens, food safety and heat resistance. Marble, slate, granite, stone are natural surface options that do not release VOCs.

For homeowners with a modern, industrial streak in them, concrete is a sustainable surface option that can be reused, recycled or locally supplied. Another sleek option is stainless steel, known for high durability, another green attribute in that it outlasts other materials.

“If you’re considering concrete, be sure to check what kind of content is in it,” says Ben Thompson, owner of Thompson Remodeling Inc. in Grand Rapids, Mich., and a National Association of Home Builders’ Certified Green Professional (CGP).

Another option is terrazzo surfaces, which are a combination of glass or stone chips and binders. For the greenest option, choose terrazzo bound with cement that does not contain VOCs and chips that are sourced from recycled glass.

“My clients have increasingly been choosing a combination of these greener countertops,” says Mozen, who is also CGP. “Recently, a client used granite for the island and recycled glass for the perimeter countertops.”

For wood flooring, instead of installing exotic wood from the world’s greatest rainforests you can purchase wood that is certified by the Forest Stewardship Council (FSC). A FSC



This residential remodel virtually eliminated the toxins from this home, complete with low-VOC, oil-free paint, formaldehyde-free materials and urea-free cabinetry in the kitchen. Straight and Level Construction Co., of Austin, Texas, included an air-filtration system to meet the needs of an asthmatic child.

certification ensures that the wood originated from a fast-growth tree, meaning the forest is sustainable.

Some manufacturers continue to sell wood such as particleboard or medium-density fiberboard (MDF) that contains formaldehyde, a chemical known to cause cancer. “Check with your kitchen designer to ensure that your floors are free of these types of wood,” Mozen advises.

Then there are the poster children for green flooring—cork and bamboo. Although these are good green options, they have some downsides. Cork flooring is made from the bark of cork-oak trees, and approximately every decade the cork is stripped off the trunk and branches. The bark grows back, and its removal does not disturb the tree’s growth. However, it may not be the best material to install in a room where moisture is present, as cork will deteriorate over time if it comes into contact with water. Bamboo is a natural material harvested every three to seven years. The downside is that most bamboo currently is not locally harvested, and the amount of energy it takes to transport bamboo from China may offset its sustainability.

Still, Thompson adds, bamboo and cork are the most appealing option for most of his clients because of the look and price.

And don’t forget, VOCs are found in a number of common household products besides surfaces. It is a good idea to check the VOC content level in all products or materials that enter the home.

Insulation

One of the most effective energy upgrades a homeowner can make is to upgrade the insulation. Homes require a large amount of energy to generate heat and air conditioning. Over the years, building professionals discovered that regular-sized homes were consuming more energy than necessary because of leaking air associated with poor insulation.



The first place a homeowner should increase insulation is in the attic. An attic is where people typically store things

they'll never need, which is why the lack of insulation goes unnoticed. Up until the mid-1990s, builders under-insulated the attic to reduce building costs. However, today's contractors know that ignoring the attic can lead to costly energy consumption.

The other major insulation problem area is the basement, especially if it is unfinished. By insulating the ceiling above the basement and above the crawl space, you can save a large amount of money on your heating bills.

Air leakage also commonly occurs in more obvious places, like window and door openings. Everyone notices the large draft that flows inside the home when they open their doors in the winter. But these problems don't only occur when the door opens, they also occur when the doors or windows are closed.

Leaks do not only happen in older windows that may have loosened up over the years, but new windows that were not properly installed. Or, it can be because of the type of window. According to Energy Star, energy-efficient windows have low-e glass with special coatings to reflect infrared light and keep heat inside during the winter. They also have multiple panes of glass with argon or krypton gases in between each pane and warm edge spacers to keep window panes apart.

"When it comes to windows, keep this in mind: Southern climates should look at the Solar Heat Gain Coefficient (SHGC)—the lower the SHGC, the less solar heat is transmitted," Judy Mozen says.

Energy-efficient doors have weather stripping around the edges to seal leaks. Weather stripping supplies and installation techniques can range from simple to technical, so it is important to read the instructions first. Doors made from fiberglass or steel with polyurethane foam cores are some of the best-quality materials in today's market.

Yards and water


Think about how much water it takes to keep your yard healthy and green. If you are constantly using your sprinkler systems and chemicals to keep your yard in good shape, consider a more sustainable type of gardening known as xeriscaping, which reduces or eliminates the need for supplemental irrigation.

First designed for drought areas, xeriscaping involves planting and maintaining vegetation that is natural to your area or climate. The theory is that natural, or native, plants require only the necessary amount of resources—like water—to care for them, whereas nonnative vegetation needs much more maintenance and resources to thrive.

There are numerous advantages to xeriscaping. For one, this type of landscaping conserves water because the plants are chosen based on their temperate preferences, where

natural rainfall is utilized. Also, gardens are arranged by the needs or shading issues for different plants. Those plants that require similar amounts of water are planted in closer proximity. When plants are watered, the most efficient way is through a drip irrigation system, so water is not lost through evaporation. Another advantage is the reduction of fertilizers or pesticides.

Also, xeriscaping reduces a homeowner's garden maintenance. These gardens hardly ever need the use of motorized lawn equipment or tending.

As water becomes a scarce resource over the next few decades, xeriscaping will become a popular gardening method for more homeowners. 

Source: Morgan Zenner is a marketing and communications coordinator with the National Association of the Remodeling Industry (NARI), based in Des Plaines, Ill.

Resources

State resources on sustainable practices include the North Carolina Green Building Technology Database, accessible through www.ncgreenbuilding.org/site/ncg/index.cfm, and links on Western North Carolina Green Building Council's Web site at www.wncgbc.org.

To locate a remodeling professional, you can also visit www remodeltoday.com or call the National Association of the Remodeling Industry at (800) 611-6274. For more tips on remodeling using green techniques and materials, visit www.greenremodeling.org.

Xeriscaping allows many hardy native plants to thrive in this rock garden in Colorado with little water.



Found! The Last Morgan Silver Dollars

Amazing Discovery Hidden in Midwest Farm Cellar

Indiana. A farmer in America's heartland recently cashed in his long-forgotten savings, hidden away for decades in a dusty crate in his cellar—a hoard of the last Morgan Silver dollars minted by the U.S. Treasury before they ceased production for good, in 1921.

Originally purchased from a local bank for face value, the farmer had tucked them away for his retirement. Now these glittering chunks of nearly uncirculated silver history, are being released to the public by GovMint.com. While they last, you can acquire these brilliant, lustrous silver coins for as low as \$29.50 apiece. Twenty-coin Bankers rolls and 10-coin Half Rolls are available.

Survival Against All Odds

By all rights these silver dollars should have been destroyed decades ago. Government silver melt-downs, including the 1918 Pittman Act, which alone destroyed 270 million Morgans, have decimated supplies. Millions more were called in by the government and melted for their silver content between 1921 and 1965. Today private hoards account for virtually all the surviving coins. And of those, only a fraction survive in the Virtually Uncirculated condition so coveted by collectors.

Prized Last Year Coins

These last year 90% pure silver beauties still dazzle with their Mint luster and heft. Weighing in at 26.73 grams and a diameter of 38.1 mm, they are the largest American silver coins ever to circulate. Struck from silver mined from the western Mother Lode, they are the legendary coins that built the West. Master engraver George T. Morgan fashioned a radiant profile of Lady Liberty and a majestic eagle as symbols of our nation's strength and prosperity. Today, the long-gone Morgan silver dollars are among the most sought-after coins in America.

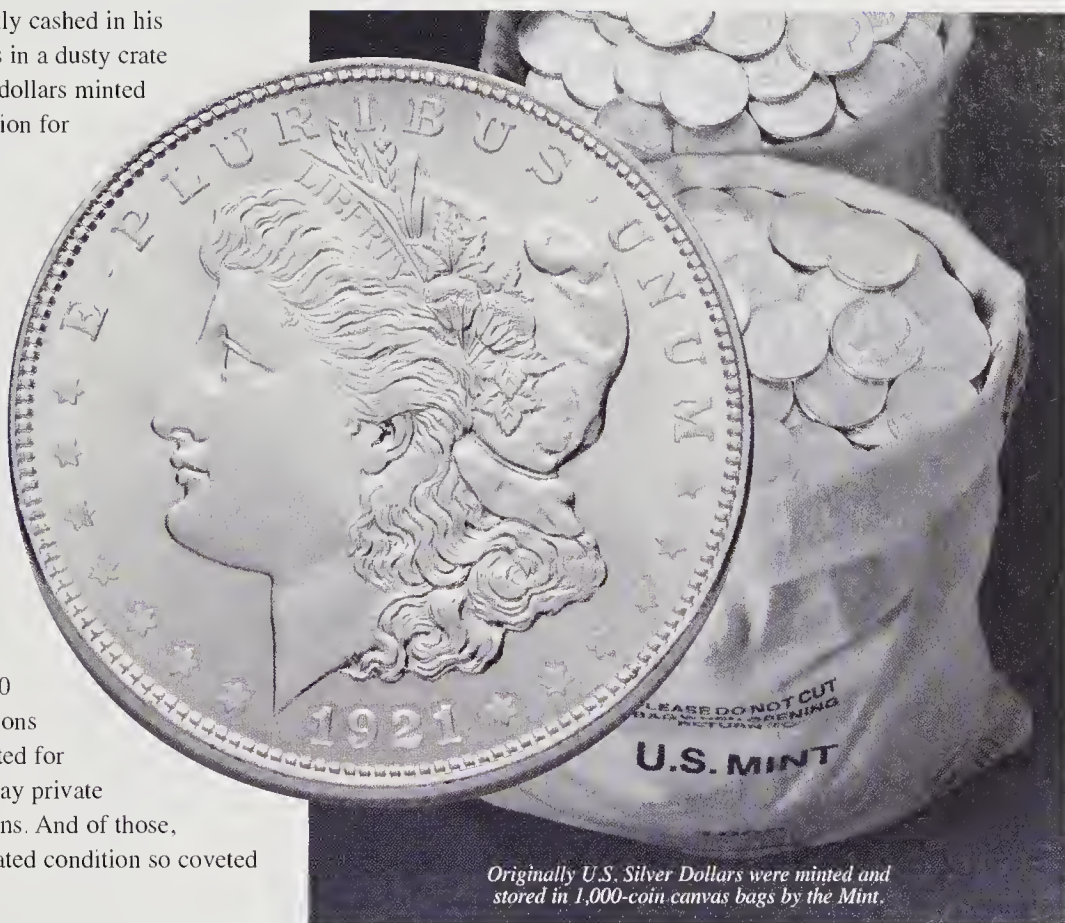
Hot Silver Market, Hot Silver Value

Silver prices have jumped over 140% in the last two years fueling the frenzy among avid collectors, investors, and the 130 million new collectors created by the U.S. Mint's highly successful state quarters program.

Today, the market is hot for Silver coins in any condition. This same 1921 Morgan Silver Dollar currently sells elsewhere in the same grade condition for \$55 apiece. But while supplies last you can get this original Virtually Uncirculated 1921 Silver Morgan for as little as \$29.50 each, in quantity!

Money-Back Satisfaction Guarantee

You must be 100% satisfied with your order, simply return it within 30 days via insured mail for a prompt refund of the complete purchase price.



Originally U.S. Silver Dollars were minted and stored in 1,000-coin canvas bags by the Mint.

Last 1921 Morgan Silver Dollar **\$39 plus S&H**

Buy More and Save

FIVE 1921 Last Morgan Silver Dollars

\$170.00 plus S&H Save \$25!

TEN 1921 Last Morgan Silver Dollars

\$315.00 plus S&H Save \$75!

20-COIN ROLL of 1921 Last Morgan Silver Dollars

\$590.00 plus S&H Save \$190!

Toll-Free 24 hours a day
1-800-973-3039

Promotional Code LMD196
Please mention this code when you call.



We can also accept your check by phone.
To order by mail call for details.

GovMINT.COM
YOUR ONE BEST SOURCE FOR COINS WORLDWIDE

14101 Southcross Drive W., Dept. LMD196
Burnsville, Minnesota 55337

www.govmint.com

Note: GovMint.com is a private distributor of government and private coin and medallion issues and is not affiliated with the United States Government. © GovMint.com, 2010

Prices subject to change without notice.


Past performance is not an indicator of future performance.





“Breaking Ground”

Art by Ronald Ragland

As a departure from his beagles and Piedmont farm scenes, artist Ronald Ragland has produced a new painting of a mountain farm scene. He says he always appreciated the mountains when he saw them while going from North Carolina to Fort Knox, Ky., where he was stationed in the Army as an artist from 1959–1961. Ronald Ragland grew up on a Granville County farm and worked as a graphic artist in Raleigh. “Breaking Ground” is available for \$60 (includes shipping) as a 16-by-20-inch print on museum quality paper, signed by the artist. 

Ragland Prints
4215 Jane Lane
Raleigh, NC 27604
(919) 876-8747
www.beagleart.com



All photos courtesy of Hobart Jones

Special events

An annual event, this year's **Mayberry Days festival** on Thursday–Sunday, Sept. 23–26 promises to be bigger than ever. Guests include musicians Doug and Rodney Dillard (The Darling Boys) and Elinor Donahue (pharmacist Ellie Walker). For updates, visit www.mayberrydays.org or call (336) 786-7998.

Neal Brower, author of “Mayberry 101,” will talk about the show's musical scoring on Saturday, May 1, 2 p.m. and The Influence of Southern Culture and Mount Airy on the show on Saturday, June 5, also at 2 p.m. Museum lectures are \$10 each. The museum will also be offering related classes this fall through Surry County Community College. Check the museum's Web site or call for details.

Andy Griffith Museum
218 Rockford Street
Mount Airy, NC 27030
(336) 786-1604
www.AndyGriffithMuseum.com

A new Mount Airy museum celebrates Andy Griffith

Shezam! Or as Sheriff Andy might have put it, it shore does seem that show fans have two new things to be mighty tickled about. One, a new museum dedicated to the show and actor is now open in Mount Airy, and two, the show's 50th anniversary in 2010 means special events are on tap.

The Andy Griffith museum in Mount Airy sits next to the Andy Griffith Playhouse, about a half-mile from the actor's boyhood home. Officially opened late September, it boasts the world's largest collection of Griffith memorabilia.

Fans are marveling at the memorabilia from the show, which first aired in 1960. The nostalgic collection includes the iconic signs from the show's courthouse doors that read: “Sheriff” and “Justice of the Peace” and Deputy Barney Fife's “fancy” salt-and-pepper suit. There are also mementos from Griffith's music career and his movies such as “No Time for Sergeants.”

The museum collection comes from Emmett Forrest, a boyhood chum of Andy's. Most items have been displayed before in various venues, but never in one dedicated place. New additions include an ad showing Andy grinning with a bowl of Post Toasties Corn Flakes and props such as the gavel that sat on Andy's desk and those big, jangling jail keys Barney and Andy used to let out folks who had learned their lesson.

There's also an exhibit on the career of actress Betty Lynn, (aka Thelma Lou) who moved to Mount Airy in 2007. It includes a TV that shows clips of some of her movies and “Griffith” episodes (including a memorable one where she and Helen go to a dance with the hapless Gomer and Goober because they are mad at Barney and Andy).

Other actors who donated items include Maggie Peterson (the ever-smiling Charlene Darling), Hal Smith (Otis Campbell, the town drunk), and Jean Carson (Daphne, The Fun Girl).

“Everyone who comes in is taken aback by how much is in the collection. It seems like a small building, but you could spend days looking at everything,” says Jessica Morris, museum director. The 2,500-square-foot museum cost more than half a million dollars to build and was secured through grants and donations.

Forrest, who is still in touch with Andy, who lives on Roanoke Island, gives museum tours. Forrest says that the museum has attracted people from all 50 states and at least 43 countries. Morris notes the museum has a lot from Andy's early life, including a class photo and different relics from college. “People have such a personal connection to Andy that they like seeing him in all stages of his life,” she says.

The museum is open daily, except holidays, and admission is \$3 per person. For hours, check its Web site or call. ☎

—Karen Olson House

CONRAD HILL FEED & SEED

One of the few neighborhood feed mills still grinding

By Leah Hughes



Driving through rural Davidson County, you might not notice Conrad Hill Feed & Seed. But in the 1960s, you would have seen trucks lined on the road waiting to get in here.

Gene Smith and Billy Bowers in 1962 opened the mill, named for the nearby community. Today, farmers come to grind feed for their animals on the same equipment. Backing up to one of three loading docks, you'll see shiny, new extended-cab pick-ups and big, beefy dump trucks next to old fixer-uppers with holes rusted in the beds. Gene Smith at 81 shuffles across the dusty floor and greets his customers. His face carries wrinkles that come from hard work and the cigar he puffs. He flips a switch that puts the hammer mill into motion.

Sweet feed for cattle is the most popular request, but Conrad Hill also grinds mixed feed for hogs and scratch feed for chickens. Farmers unload hay, corn and grain onto the wooden floor and shovel it down the chute. Dust and corn kernels fly as the hammers grind the ingredients. Smith changes the screens on the mill to create the proper texture, courser for cattle and finer for hogs.

Feed travels through an overhead pipe to a pale yellow hopper where it's mixed as Smith adds supplements, such as dry molasses and salt. Conrad Hill has two hoppers, one a little smaller than the other. In the 1960s, the dual system set Conrad Hill apart from other mills, such as Davidson Roller Miller, because it allowed grinding one customer's feed while mixing another's.

Dust fills the air as Smith holds sacks under the mouth of the hopper and pulls a lever to release the feed, kicking the bag once or

twice to get as much in the sack as possible. And as the hammers finally come to a stop, Smith resumes his conversation.

Gene Smith now sees second and third generation farmers coming to Conrad Hill. "I've got a Ph.D. education here," he says with a grin. "I've heard big stories and little stories. I don't call them lies. I told our preacher if he'd come up on Saturday morning, we'd take up a collection and maybe he'd learn something."

In the 1960s, Gene Smith worked at Dixie Furniture Company in Lexington and here on Saturday, the busiest day. He retired from the furniture company after "47 years, 9 months, 17 days and a few hours." Now he keeps the mill open 8 a.m. until noon, Monday through Saturday, closed on Wednesday.

Few mills like Conrad Hill operate today. Personal hammer mills, powered by tractors, allow farmers to grind feed at home.

"I'm here just to keep it open to serve our faithful customers," Smith says. They are the ones inside sitting on worn-out chairs and working a pack of nabs and a Coca-Cola. Gene is at an old, wooden desk in the corner. Even though their trip to the mill might not be as convenient anymore, farmers who stop by Conrad Hill go away with more than a few sacks of feed. Gene Smith makes sure of that. ☺

Served by EnergyUnited
Conrad Hill Feed & Seed
939 Conrad Hill Mine Road
Lexington, NC 27292
(336) 746-5460

Leah Hughes grew up on a small family farm in Randolph County. In May, she graduated in journalism from University of North Carolina at Chapel Hill.

Lightning Protection Systems



Lightning Conductors

Properly installed lightning protection conductors provide a safe path for lightning to discharge into the grounding system.



Lightning Rod

Lightning rods properly placed on the roof of a house or building provide a dedicated attachment point for discharging lightning energy safely to the earth.



AC Power

Installed at the main power distribution panel, an AC power surge suppressor protects all electrical power in the house or building from transient disturbances, safeguarding all in-house electronics, such as computers, alarm systems, entertainment systems and home theaters.



Ground Rods

Ground rods provide a safe path for lightning to discharge into the ground without any damage to your home or building. They are placed in the earth around a house or building.



Cable/Satellite Television

Cable/satellite television surge suppressors protect televisions and/or other audio/video equipment.



Telephone

Telephone line surge suppressors protect telephones, fax machines, answering/recording machines, and modems.

What exactly does a lightning protection system do?

A properly installed lightning protection system intercepts the lightning bolt between cloud and ground and effectively and safely conducts it to the earth. It provides improved and enhanced grounding, while also conditioning all electrical services entrances by means of surge protectors.

Not only is the building protected against fire, but so are possessions such as heirlooms, jewelry and photos. Safeguarded also is electronic equipment such as computers, modems, printers, scanners, DVD recording systems, home entertainment systems, telephones, security systems, garage door openers, sprinklers, intercom systems, and appliances.

Does it cause lightning to strike?

No, it is a passive protection system that neither attracts nor repels lightning. It provides a means of controlling the strike by offering a dedicated path for the discharge of lightning energy to arrive safely to the earth.

How do I know that it works?

It is a tried and true method that has been used for over 150 years. Properly installed lightning protection systems are over 99% effective in preventing lightning damage. Even with the modern advances in lightning protection technology, lightning strikes cannot always be prevented.

About surges

Technology today is becoming faster, smaller and more efficient. However, in exchange for these advantages, electronics are becoming increasingly susceptible to surges. Surge Protective Devices (SPDs) are used to dramatically reduce the magnitude of random, high energy, short duration electrical power anomalies. These occurrences are typically caused by lightning strikes, utility switching, inductive loads, and more. Installation of Surge Protection Devices can reduce the risk of personal injury, physical equipment damage, and loss of operations.

ALLTEC[®]
CORPORATION

Since 1991 Alltec Corporation has installed thousands of Lightning Protection and Grounding Systems on homes across the country. Alltec is both licensed and insured. Alltec systems comply with all national standards. We are LPI Certified installers & designers, a UL Certified Manufacturer, and a member of IEEE.

Alltec Corporation
64 Catalyst Dr.
Canton, NC 28716

(828) 646-9290
www.allteccorp.com



TRACTORS FOR

By Hannah Miller

Members of the Power of the Past Tractor Club spent a good part of their early lives in the bouncing seat of a John Deere or a Case, turning over southern Piedmont dirt. And because they treasure those boyhood memories, they're making it possible for people who'll never get to roam the fields to smell dirt, touch plants and enjoy many other sensory pleasures that ordinary people take for granted.

By finding, restoring and raffling off ancient tractors, the 25-member club has been able to raise \$150,000 the past 15 years for Holy Angels, a center for the severely disabled in Belmont, Gaston County. Other funds provide the basics of care for the 75 residents of the center, many of them children, says Holy Angels Foundation vice president Jennifer Sheely.

But as primary sponsor of the Creative Arts program, the tractor club gives residents an opportunity for self-expression often denied them, whether it's tending a garden or learning a dance. When club members get a tractor, "It's a hunk of junk," says Barbara Lorey of Huntersville, treasurer and wife of president Dick Lorey. "When they're done with it, it's showroom condition."

Work goes on every Wednesday in a back room of Don Shew's Soil Supply store in Huntersville, an account with the EnergyUnited electric cooperative. Once the "Angel Tractor" is ready for display, wives join their husbands in hauling it to a dozen or so tractor shows a year, where they sell raffle tickets for \$1. Blue Walsh recounted a recent sale. "Some people will pull out

a \$20. By the time I got through talking, he's pulled out \$100."

The \$150,000 they've raised since 1996 has bought everything from African drums—the residents feel the vibrations—to a Snoezelen Room to provide sensory stimulation. There, soft music plays, scents like blueberry pervade, and shifting patterns of light dance across a wall. A hammock-like swinging chair "wraps around them so that, in it, they feel very secure," says Holy Angels president and CEO Regina Moody.

Don Shew, a Holy Angels board member, supplies mulch and dirt for a tractor-club-sponsored garden and greenhouse. "They might only be able to use these two fingers, but they can pick up a seedling and put it in a flat," says creative arts director Gaye Dimmick.

Tractor club members and residents share picnics at Holy Angels' recreation site on the South Fork River. And every Christmas, an Angel Tractor pulls a trailer load of residents in Belmont's parade.

ANGELS

Club members, who had been restoring and showing tractors for their own pleasure, decided in 1996 to adopt the cause of Holy Angels, where Sarah, the granddaughter of members Ron and Janice Bozardt, was a resident. They've enthusiastically continued the commitment, though Sarah died in 2007.

Members are from Iredell, Gaston, Mecklenburg, Lincoln and Cabarrus counties. Many are retired from occupations as varied as software design and truck driving, but "These guys know tractors backwards and forwards," says Sheely.

In the Huntersville shop one cold day last winter, the men gathered to strip next year's tractor. "Looks like nobody's loved it in quite a while," observed Gaston County deputy sheriff Richard D'Allesandro. A 1955 Ford 600, it had rust all over, red paint over the original gray, and a mouse's nest under the hood. The Loreys had found it in Ohio when they attended a high school reunion there. In subsequent evenings, they would finish taking the parts off, repair the motor, sand and paint the parts the original color.

Ranging in years from 1943 to 1956, they've restored Cases, John Deeres, International Harvesters, Allis-Chalmers, Fords and one Centaur. No matter the make, they paint from memory. "We know what they look like," says Dick Lorey.

After a Holy Angels resident draws the winning ticket this coming Oct. 10 during Cotton Ginning Days in Dallas, N.C., members will have no further contact with the 2010 tractor, a shiny green 1956 John Deere 420T Narrow Front (shown above). They hope the new owner reserves it for shows. "If they're going to use it as a tractor to bush hog, I'd just as soon not know," Lorey says. 🍷

Hannah Miller is a Carolina Country contributor who lives in Charlotte.

Information & Tickets

For club info, www.johndeere40.com

For tickets by mail (\$1 per ticket, \$5 for 6)
Angel Tractor
P.O. Box 2244
Huntersville, NC 28078

INCREDIBLE THERAPEUTIC SLIPPER

MAKES YOUR ENTIRE BODY FEEL BETTER

Therapeutic Memory Scuffs

ONLY \$12⁹⁷

FREE Shipping

THERAPEUTIC MEMORY INSOLE
CUSHIONS EVERY STEP

Helps Prevent:

- Back Pain
- Hip Pain
- Knee Pain
- Ankle Pain

**PREVENTS
FOOT SHOCK
BY CUSHIONING
EVERY STEP**

Dept. 62254 © 2009 Dream Products, Inc.

Perfect For:

- Gout
- Bunions
- Arthritis
- Heel Spurs
- Swollen Feet
- Tired Aching Feet

Perfectly
Conforms
To The Shape
Of Your Foot

**A CUSTOM
CRADLE OF
PRESSURE-FREE
SUPPORT**

www.DreamProductsCatalog.com (WEB OFFERS MAY VARY) • ORDER TOLL FREE 1-800-530-2689

INDICATE NUMBER OF PAIRS ORDERED UNDER SIZE

#95861 XS Men's 7-8½	#95862 S Men's 9-9½	#95863 M Men's 10-10½	#95864 L Men's 11-11½	#95865 XL Men's 12-13
#95866 (S Ladies' 5-6½	#95867 S Ladies' 7-7½	#95868 M Ladies' 8-8½	#95869 L Ladies' 9-9½	#95870 XL Ladies' 10-10½

Pr(s) Therapeutic Memory Scuffs@ \$12.97pr.	\$
CA residents must add 8.25% sales tax	\$
FREE SHIPPING	\$ FREE
Add \$1.00 Handling No Matter How Many You order	\$ 1.00
PLEASE PRINT CLEARLY	TOTAL \$

☐ Enclosed is my check or money order payable to: Dept. 62254

Dream Products, Inc.

Charge my: ☐ VISA ☐ MasterCard ☐ Discover@/NOVUSSMCards

Card# _____ Expiration Date ____/____

Name _____

Address _____

City _____ ST _____ Zip _____

Dream Products, Inc., 412 DREAM LANE, VAN NUYS, CA 91496

SAY GOODBYE TO FOOT PAIN

These amazing slippers might be the most comfortable slippers you've ever slipped your feet into. Fashion import with therapeutic memory foam insoles conform exactly to the shape of your feet to provide custom comfort from heel to toes. Great for men and women who suffer from painful heel spurs, bunions, arthritis, gout, swollen feet and countless other foot problems. Features faux suede uppers and flexible, skid-resistant soles. Hurry, order today and SAVE 35% off catalog price and get **FREE SHIPPING**.

Satisfaction Guaranteed or Return For Your Money Back



Above: Camp Caraway Bridge in Sophia. Photo by Ken Hall.

Ashley Fetner



Pisgah Covered Bridge *Randolph County*

The Pisgah Covered Bridge is one of the two remaining covered bridges in North Carolina. In the early 1900s, Randolph County had about 60 covered bridges, about half of all covered bridges in the Piedmont. In 1911, the county paid J. J. Welch \$40 to construct the covered bridge across the West Fork of the Little River in the Pisgah community. In the 1950s, a new bridge was built but the covered bridge remained and was added to the National Register of Historic Places in 1972. After years of neglect, the North Carolina Zoo Society in 1998 partnered with the North Carolina Department of Transportation, The Piedmont Land Conservancy and the Land Trust for Central

North Carolina along with the residents of the Pisgah community to raise over \$73,000 to refurbish the bridge. In 2003 a flash flood of the Little River destroyed the bridge. A local effort, including help from Randolph EMC personnel and equipment, salvaged about 90 percent of the original materials to restore the bridge once again. A walking trail and picnic tables have been added. The bridge is located about 12 miles south of Asheville.

— Kay Fetner

Ashley Fetner



Bunker Hill Covered Bridge *Catawba County*

This is the other surviving covered bridge in the state. In 1894, the Catawba County Commissioners asked the owners of the Bunker Hill Farm in Catawba County to build a bridge to cross Lyle's Creek near their farm. The creek was on the old Island Ford Road, a former Native American trail. The bridge was built in 1895 and is the only remaining example in wood of the Improved Lattice Truss that was patented by Gen. Herman Haupt. It was designated a National Civil Engineering Landmark in 2001. Originally the Bunker Hill Bridge was constructed as an open span bridge and in 1900 was covered with wooden shingles. In 1921, the 91-foot wooden shingle roof was replaced with a tin roof. In 1985, the Bolick family donated the bridge to the Catawba County Historical Society. With the expertise of master bridgewright Arnold M. Graton, from Ashland, N.H., the bridge was restored. It is located off Hwy. 70 east of Claremont.

— Kay Fetner

Ashley and Kay Fetner are members of Randolph EMC.

www.ashleyfetnerportraits.com

A Passion for Covered Bridges

Pisgah Covered Bridge Art by Dempsey Essick



The first time I walked to the Pisgah Covered Bridge, I stopped in my tracks as I looked at the wood boards and the rock foundation stones with all the shadows from the streamside trees. I listened to the ripple of the stream flowing under the bridge. The scene captured my imagination so that I could not wait to get started painting. Thousands of shadows cast from different directions created an image of abstract shapes that had wonderful order. I actually sat right there on a

rock for a long time and breathed all this in. I wore out several brushes doing this painting. This painting took a lot out of me with 560 hours of painting time. (Look for the hidden hummingbird.)

Dempsey Essick is a member of EnergyUnited.

Giclee Print

Image size: 20 x 15¼ inches

Price: \$120 (NC residents add \$9.30 for sales tax)

Mention Carolina Country and receive free shipping

Dempsey Essick Gallery

P.O. Box 1149

Welcome, NC 27374

(336) 731-3499

etpaint@dempseyessick.com

Eddie Hough keeps on rolling

A native of Moore County, Eddie Hough over the years has combined his hobby of photography and appreciation of rural life to make pictures of his surroundings, even though it has never been easy for him.

Now 63 and confined to a wheelchair since his hips and vertebrae failed him a few years ago, Eddie taught himself just about everything he knows. "They considered me retarded," he says. "All I got was a grade-school education. I taught myself to read books and taught myself to type, taught myself photography and to play my Martin guitar."

He shoots film and slides with equipment that is 30 to 40 years old, roaming when he can in a 1979 Chevy Nova, and "holding on to the car door or sticking my camera out the window." He rigged gears to his enlarger so he can work sitting down in his homemade darkroom, setting trays on planks over his bathtub. "I do not let being a cripple prevent me from my pursuit of photography."

Eddie Hough is a member of Randolph EMC and can be reached at 4683 Robbins Circle, Asheboro, NC 27205.



Seth Cheek, The Courier-Tribune

Eddie Hough in his library shows his print of Parker's Mill.



Eddie Hough made one of the last photos of Skeen's Mill Bridge, the state's oldest covered bridge, which spanned the Uwharrie River near Flint Hill northwest of Asheboro. It fell down in 1987.

I Remember...



Here is my Grandmama (second from left) with my mama and daddy and me in front of Aunt Velma.

Learning to eat beans and cornbread

My daddy made sure I knew he would not tolerate unacceptable behavior. He was a strict but loving father who was always there for me. I can still see him shake his head over an embarrassing display of poor manners or behavior from me or someone else. He had two main ideas. First, everyone in the family was as important as everyone else, baby to grandma. Second, parents should set a few unchanging rules, enforced by appropriate rewards and punishments. Of course, challenging situations will always arise.

At the supper table one evening, I watched as my grandmother, who suffered from unwieldy false teeth, mashed up her pinto beans, crumbled cornbread on top, and used bean juice to soften it. To a child of five, that looked like the thing to do, and I copied her. Daddy looked at me, then at Mother. He opened his mouth but didn't say anything. Later when I was scolded, I was confused. I had used my fork and my napkin. I had eaten it all. But the hardest part for Daddy to get around was, "Grandmamma did it."

Linda Sinclair, Boone, Blue Ridge Electric

SEND US YOUR *Memories*

We'll pay \$50 for those we publish in the magazine. We can put even more on our Internet sites, but can't pay for them. (If you don't want them on the Internet, let us know.)

Guidelines:

1. Approximately 200 words.
2. Digital photos must be at least 600kb or 1200 by 800 pixels.
3. No deadline, but only one entry per household per month.
4. Send a self-addressed, stamped envelope if you want yours returned.
5. We pay \$50 for each one published in the magazine. We retain reprint rights.
6. Include your name, mailing address and the name of your electric cooperative.
7. E-mail: iremember@carolinacountry.com
Or by U.S. mail: I Remember, Carolina Country,
3400 Sumner Blvd., Raleigh, NC 27616



This is a picture of Faye's grandparents' homeplace, Mr. and Mr. Wood. After this picture was taken, in 2003, Hurricane Isabel took out 13 pecan trees that had been there almost 100 years.

The table with Aunt George

I am going to tell you a true story about Aunt George (not her real name but connected, somewhat). I had been dating my girlfriend Faye about three months before I was invited to Thanksgiving dinner at her grandparents' home on the farm. At that time they were still killing their hogs each year, had big gardens and cooked a lot of big meals. Most of the time the preacher was there.

Her granddaddy had a saying that if you got your feet together under the big table you usually got hitched. That's where all the adults usually sat or special guests. Well, I was sitting at the big table next to Aunt George. Aunt George was a person who could talk a mile a minute, and sometimes with food in her mouth. All of a sudden some food landed on my plate. Aunt George took her fork and retrieved it real fast saying, "Hey, that's mine!" There were just too many strangers at that table, so I didn't say a word. But that was the only time I remember eating next to Aunt George.

Faye's granddaddy was right. About five years later, Faye and I got hitched.

Louis Talmadge Meads, Elizabeth City, Albemarle EMC

Them there pans

When I was a young boy in the 1950s, I remember a traveling salesman coming by my grandfather's house selling pots and pans. He explained to my Grandpa that he could cook an egg without using butter in his new "Teflon" pan, and it wouldn't even stick to the pan. You could hear my Grandpa laughing all through the house, and he said, "Mister, if you can fry an egg in that there pan without it sticking, I will buy a whole set of them pots!"

Needless to say, the salesman fried the egg in the pan and it slid right out, much to my Grandpa's amazement. He took a deep breath, spit out his chaw of tobacco and started pulling the money out of his billfold. True to his word, he bought a complete set of those Teflon pots and pans, and Grandma used them for years to come.

Roger Tench, Stanley, EnergyUnited

Lee Greenway, make-up man

While growing up in Rutherfordton, one of my TV favorites was, "I Love Lucy." As the credits rolled during an early episode, Mom shouted excitedly, "Make-up! Lee Greenway! I went to high school with him!"

While such an outburst was out of character for her, she added some biographical details, so I accepted her pronouncement as gospel. Lee Greenway later became head make-up artist for all of Desilu Productions, including "The Andy Griffith Show."

In the late 1970s, my wife and I were living in the Philippines. By an unusual set of circumstances, we visited the movie set of "Apocalypse Now." Entering the make-up tent, we observed an actor being made-up; the make-up artist had his back to us. After an awkward silence, I said, "My Mom went to high school with a famous Hollywood make-up artist."

Though I couldn't see his face, I can imagine the artist rolling his eyes and silently wondering, "Who's this bozo?" Offhandedly he asked, "And who was that?"

"Lee Greenway," I replied.

At that, he stopped, turned to me and said with sincere amazement, "Lee Greenway was my teacher."

Many years later, we were visiting my parents in Rutherfordton. One morning after breakfast, my dad, a semi-retired plumber, said casually, "You wanna meet Lee Greenway?"

"Sure, but how?"

"He called and said he's got a problem with his hot water heater. Let's check it out."

A short time later, I was sipping coffee with Lee Greenway and eagerly relating how I'd met his student, Fred Blau, years before in the Philippines.

aniel W. Mitchum, Boone
ue Ridge Electric

Sylvan Heights Waterfowl Park

Home to many of the world's rarest and most exotic birds



More than 1,000 birds
including rare & endangered species

Group tours, education
and bird programs

Picnic areas and playground

Golden Leaf Room
available for special events

4963 Hwy. 258
Scotland Neck, NC 27874
Phone: (252) 826-3186
www.shwpark.com

OPEN TUES-SUN

9 am-5 pm (APR 1-SEP 30)

9 am-4 pm (OCT 1-MAR 31)



\$1 OFF

the price of
one adult
admission

This coupon valid until June 30, 2010. Not valid with any other coupons or discounts.

American General Life

Introduces

Affordable Life Insurance

The Best Idea For ... Personal Insurance - Business Insurance - Mortgage Protection

10 - Year
Guaranteed
Level Rates

NON-TOBACCO MONTHLY RATES

Issue Age	\$100,000		\$250,000		\$500,000		Issue Age	\$100,000		\$250,000		\$500,000	
	Male	Female	Male	Female	Male	Female		Male	Female	Male	Female	Male	Female
30	11.90	11.55	13.69	11.73	20.91	17.41	50	19.69	17.76	34.04	28.57	60.29	51.10
31	11.90	11.55	13.91	11.94	20.91	17.85	51	21.09	18.99	36.66	30.32	65.54	54.16
32	11.99	11.64	14.35	12.16	20.91	18.29	52	22.66	20.30	39.73	32.07	71.23	57.23
33	11.99	11.64	14.57	12.38	21.35	18.73	53	24.59	21.96	43.23	34.48	78.23	61.16
34	11.99	11.64	15.01	12.60	21.35	19.16	54	26.60	23.71	47.16	36.88	86.10	65.54
35	12.08	11.73	15.44	12.82	21.35	19.60	55	28.88	25.73	51.54	39.73	94.41	70.35
36	12.16	11.81	16.10	13.48	22.23	20.48	56	30.98	27.04	56.13	43.01	103.16	77.35
37	12.25	11.99	16.54	14.13	23.54	21.35	57	33.34	28.44	61.38	46.73	113.66	85.23
38	12.34	12.08	17.41	15.01	24.85	22.66	58	36.23	30.19	67.94	51.32	125.91	95.29
39	12.43	12.25	18.29	15.88	26.60	24.41	59	39.29	32.11	74.73	56.13	139.04	105.35
40	12.51	12.43	19.16	16.98	28.35	25.73	60	42.70	34.21	82.38	61.60	153.91	117.16
41	13.21	12.86	19.82	17.63	30.10	27.04	61	46.90	37.19	90.91	69.04	170.98	128.10
42	13.91	13.30	20.48	18.29	32.29	28.79	62	51.54	40.51	100.54	77.35	190.66	140.79
43	14.88	13.91	21.57	19.16	34.91	30.98	63	57.40	44.71	112.57	87.85	214.29	156.54
44	15.84	14.53	22.44	20.04	37.98	33.16	64	63.53	49.09	125.04	98.79	239.66	172.73
45	16.89	15.23	23.54	21.13	41.04	35.35	65	70.44	53.99	139.26	111.04	268.10	191.10
46	17.33	15.58	25.07	22.23	44.10	37.54	66	78.40	58.36	153.91	119.13	297.85	210.79
47	17.76	16.01	26.82	23.54	47.16	40.60	67	87.41	63.26	170.54	128.32	331.54	233.10
48	18.38	16.54	29.01	25.07	51.10	43.66	68	98.53	69.30	191.10	139.48	373.54	260.66
49	18.99	17.15	31.41	26.82	55.48	47.16	69	110.25	75.69	212.54	151.51	417.29	289.54

Premiums illustrated represent 10 year level term insurance with guaranteed level premiums for 10 years. \$100,000 - \$500,000 rates are Select-A-Term [policy form no. 07007] Preferred Non-tobacco. This coverage features a level death benefit with fully guaranteed level premiums for the first 10 years with coverage to expire at age 95. The policy may be continued on Annual Renewable Term at the end of the level premium period without evidence of insurability until the anniversary nearest the insured's 95th birthday. The underwriting risks, financial and contractual obligations and support functions associated with products issued by American General Life Insurance Company (AGL) are its responsibility. AGL does not solicit business in the state of New York. Policies and riders not available in all states. Premium rates current as of February 2010; rates may vary by state. Premiums available for other rate classes, ages and payment plans. Premium charges depend on evidence of insurability. Premiums increase at the end of the guaranteed term if policy is renewed. Death benefit remains level. The policy may be contested for two years from the date of issue for material misstatements or omissions on the application. Death benefit is limited to return of premium paid in the event of suicide within first two years. Rates subject to change. Standard Marketing Services represents AGL and other fine insurance companies.

Application Request Form

The information you provide will be kept in strict confidence.

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
DATE OF BIRTH _____ ☐ MALE ☐ FEMALE
AMT. OF INS. DESIRED _____
HOME PH# _____ WORK PH# _____
BENEFICIARY _____ AGE _____
SIGNATURE _____
The best time to call me is: (☐ Home or ☐ Work)
☐ 8-10 am ☐ 10-12 ☐ 12-2pm ☐ 2-4 ☐ 4-6 ☐ 6-8 ☐ 8-9
I wish to pay my premiums: ☐ Annually ☐ Monthly Bank Draft
ADDITIONAL APPLICATION REQUESTED FOR:
NAME _____
DATE OF BIRTH _____ ☐ MALE ☐ FEMALE
AMT. OF INS. DESIRED _____

Clip and Mail to:

Delia Foley
42 Wayside Drive
White Plains, NY 10607

Call Toll-Free
For More
Information:

(888) 484-8826

For Priority
Service - Fax:

(914) 347-3173

MS1-B079-Select A Term J 2010



License plate guitars

Peter Geiger, an artist in Cary, combined his love of guitars and cars to create guitar art from recycled license plates. He creates actual-sized sculptures for people using license plates from the states of their choice. He also can personalize the order by including special features upon request such as license plate numbers or different guitar styles. Prices for Pete's custom art start at \$235 and up, depending on individual requests.

(770) 866-4211

www.petergeigerart.com

Baskets & Beyond

Baskets & Beyond, based in Kernersville, creates personalized gifts for any occasion and delivers them anywhere in the U.S. Owner Robin Raker and her staff make baskets that convey appreciation or sympathy, or bring cheer and a few laughs to the recipients. With a little inside information about the recipient—his love for vintage Mustangs or her love for Irish tea, owner Robin Raker and her staff can create customized baskets. The Mother's Day Delight basket has Moravian cookies, sugar cake, Moravian-blend coffee and a coffee mug, candles, cheese straws, and handmade baked bread from Elaine's Slices of Heaven bakery, for \$64.95.

(336) 993-7875

www.basketsandbeyond.com

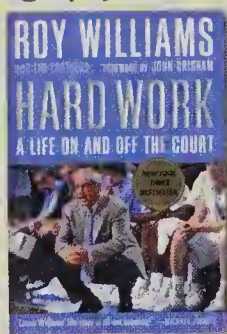


Coach Roy's autobiography

In this new book, the highly respected basketball coach shares the story of his life, from his turbulent childhood to the North Carolina Tar Heels' 2009 national championship season. The college coach traveled an unlikely path to a winning career. Williams recounts his rough early years with unbridled honesty, growing up poor in the western North Carolina mountains. During the troubled times of his adolescence, Roy's escape was a basketball court—whether it was a neighbor's dirt court or the local school gym where he'd shoot for hours at night. The first in his family to go to college, Williams landed at the University of North Carolina, learning under famed coach Dean Smith. Williams also recalls his long tenure as head coach at the University of Kansas and the accusations that followed tough decisions. The autobiography lays plain how the Hall Of Famer recruits, teaches and motivates his players. Co-author Tim Crothers, a former writer at Sports Illustrated, lives in Chapel Hill, as does Williams. "Hard Work: A Life On And Off The Court" is published by Algonquin Books in Chapel Hill. Hardcover, 286 pages, \$24.95.

(919) 967-0108

www.roywilliamsbook.com

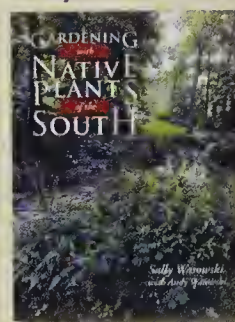


Gardening with native plants

Many homeowners and professional gardeners are discovering a vast "new" palette of native plants. They are realizing that native wildflowers, trees, shrubs, ground-covers, vines, and grasses are better suited, and therefore easier to grow and maintain, than most imported plants that populate traditional landscapes. "In Gardening with Native Plants of the South," author and landscape designer Sally Wasowski and husband and photographer Andy Wasowski offer many possibilities and advantages of "going native." Illustrated with more than 250 color photographs, the book is both an introduction to more than 200 of the most familiar and easiest to find native plants and a basic primer on how to use them effectively. Published by Taylor Trade Publishing in Lanham, MD. Softcover, 203 pages, \$22.95.

(800) 462.6420

www.rlptrade.com

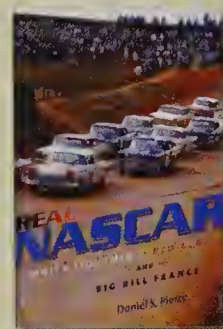


"Real NASCAR"

This history of the stock car racing circuit known as NASCAR offers a revealing new look at the sport from its postwar beginnings on Daytona Beach and Piedmont dirt tracks through the early 1970s when the sport gained national recognition. Following NASCAR founder Big Bill France from his start as a mechanic, author Daniel Pierce details the sport's genesis. Drawing on the memories of a variety of participants—including colorful characters like Lloyd Seay, Roy Hall, Gober Sosebee, Smokey Yunick, Bunky Knudsen, Humpy Wheeler and Junior Johnson—"Real NASCAR" shows how the reputation for wildness of these racers-by-day and bootleggers-by-night drew throngs of spectators to the tracks in the 1930s, '40s and '50s. Pierce lives and teaches in Asheville. "Real NASCAR" is hardcover, 360 pages, \$30.

(800) 848-6224

www.uncpress.unc.edu



Carolina Country Store features interesting, useful products, services, travel sites, handicrafts, food, books, CDs and DVDs that relate to North Carolina. To submit an item for possible publication, e-mail editor@carolinacountry.com with a description and clear, color pictures. Or you can submit by mail: Country Store, Carolina Country, 3400 Sumner Blvd., Raleigh, NC, 27616. Those who submit must be able to handle large orders.



The WILLIAMS



The VINCENT

CUSTOM HOMES ON YOUR LOT • OUR PLAN OR YOURS

At Madison, you save thousands!

You make no down payment, pay no construction loan interest, and we pay closing costs.

Choose one of our plans, or we can build one of yours!



Madison Homebuilders

Charlotte, Conover & Columbia

**YOU SAVE
THOUSANDS**

For A Free Brochure With Floor Plans,
Call Us Or Visit Our Website

Charlotte, NC Conover, NC Columbia, SC
1-800-957-9304 1-866-847-6815 1-888-745-1011

www.madisonhomebuilders.net

eXmark



If you want the perfect lawn,
get the perfect lawn mower.

starting at

\$3999⁰⁰

**FREE
SUNSHADE
WITH PURCHASE**

This Ad Must Be Presented to Receive!

• Available in
42", 48" or 52"
cutting widths

• 3 year
consumer warranty

Quest
by **eXmark**

For the homeowner who believes that good enough just isn't good enough.

Every day we're building superior commercial lawn mowers for landscape professionals. And now, with the **zero-turn Quest**, we're bringing that same **heavy duty construction** and **unbeatable quality** to **homeowners**. So for all those in search of perfection, Quest will give you professional results every time.

For the nearest dealer
go to our dealer locator at:

www.exmark.com/blalock/magazine

Or Call: **800-955-4655 Ext. 112**

Bits from Pieces

Jim Revis talks about his trip to Haiti to help after the earthquake at Mud Creek Baptist Church Monday.

—The Hendersonville Times-News
Thanks to Ron Hachet of H'vl.

WORD

ward-wary-pray

PLAY

1 H O U S E

2 _ _ _ _ _

3 _ _ _ _ _

4 _ _ _ _ _

5 C A S T L E

A man's home is his castle, the saying goes. Here is your chance to change this HOUSE to a CASTLE. Just change one letter or add one letter in each step to spell a new word. Letters can be rearranged in any step.

IN A WORD

S E A

is a six letter word for seasickness.

Can you think of it?

NORTH CAROLINA SUDOKU

					I			
	H	N			A		R	
		R					N	C
		C		A	T			
I			N		O			T
			L	R		O		
R	A					L		
	O	L	C			R	I	

Complete this grid so that each column, each row, and each 3 by 3 box contains the nine different letters in North Carolina

MATCHBOXES

Y A A I 2 E U L I T

X 2 2
E X E

Use the code key below to create two multiplication problems above. Solve the problems and write your answers in the box tops. Then match boxes to find the name of a Pulitzer Prize winning author who was raised in Raleigh and graduated from Duke University.

1 2 3 4 5 6 7 8 9
U E Y T N I A R L

PREMIER BUILDING SYSTEMS

1-800-882-5150
(770) 239-2085



The more you look,
The better we look!



30x40x10.....\$5,732
50x60x12.....\$10,461
60x100x12.....\$16,535
100x150x16 (w/ Column).....\$38,185

All sizes available & mini storage units. 26 ga.,
20 yr. roof & walls. Codes and market may affect prices.
Instant Quotes Online : www.premierbuildings.com

Arco Steel Buildings

1-800-241-8339

40 x 60 x 12	\$8,827
50 x 75 x 10	\$11,449
60 x 100 x 12	\$16,702
60 x 75 x 12	\$13,444
100 x 100 x 12...w/column	\$24,931
100 x 150 x 14...w/column	\$35,845
20 x 100 x 8'6" Mini Warehouse	\$7,639

Mini warehouse available in all sizes

www.arcosteel.com

30 Years

Arco Building Systems, Inc.

(FOB PLANT-ALL SIZES AVAILABLE-LOCAL CODES MAY AFFECT PRICES)

Mobile Home EXTERIORS



Insulated Roofing
Systems

Premium Vinyl Siding

Vinyl Replacement
Tilt-in Windows

For a FREE No Obligation Estimate Call:

1-800-849-5715

www.MobileHomeExteriors.com

HEATMOR

Stainless Steel Outdoor Wood Furnaces



New Limited Lifetime Warranty

Heat Multiple Buildings, Pools, Hot Tubs,
Hot Water Tank, Barns, Shop, Garage,
Greenhouses, Poultry Houses,
Residential & Commercial

7 Models, 22 Colors, Wood or Coal Grates,
Ash Auger Clean Out, Corn, Pellet, Oil Options,
Efficient Combustion Design,
Environmentally Friendly

Outback Heating, Inc.

Eastern U.S. Distributor
Outdoor Furnaces Since 1982

800-743-5883 888-763-8617

www.outbackheatinginc.com

ROSE PARADE TOUR & MEXICAN RIVIERA CRUISE

15 Day Vacation

DEPARTS SUNDAY,
DECEMBER 26, 2010

From **\$1299***

Join Other Coop Members...

Arrive in San Francisco for 2 nights, enjoy an included city tour, before heading down Highway 1 to Los Angeles, with an overnight and sightseeing along the way. During your time in LA you'll enjoy a city tour, seeing all the highlights, you will also have some free time. As a special feature you get an exclusive float viewing. On New Years Day, watch the Rose Parade from your reserved grandstand seats on January 2nd you'll travel to San Diego and board Holland's Oosterdam or your cruise. You'll stop at Puerto Vallarta and Cabo San Lucas before heading to San Diego where you'll have a city tour and overnight before your flight home. Price Per person, Dbl. occ. + \$299 tax, svc., gov't fees and Port chgs. Call for Low Cost Airfare.

For brochure, information & reservations, call:

YMT VACATIONS
1-800-888-8204

Providing carefree vacations since 1967!

Your Ugly Nail Fungus Can Be Gone!



If you want a safe, natural
way to be rid of ugly nail
fungus, our formula works...

GUARANTEED!

Send \$14.95 to: **Herbal Nail Fungus Soak**

Questions?
Check our Q & A button,
on the Nail Fungus page
of our website.

"Dear Jim Long. This product is amazing!!! I've had toe nail fungus on my big toe for about 20 years. My nail was thick, yellow and until I found your product I thought I was destined to have a thick yellow toe nail forever. I also had cracked heels and athlete's foot. Both have cleared up dramatically. Thank you so much for such a wonderful product." ...Cathy G., Ohio



Long Creek Herbs
P.O. Box 127-N
Blue Eye, Missouri 65611
417-779-4009

**Long
Creek
Herbs**

www.LongCreekHerbs.com

(Phones answered Mon. - Fri. 8 - 5 Central)

Major Credit Cards & PayPal Accepted

Flowers on fire

Firewheel or Indian blanket is familiar to many who have seen its cheerful, yellow and red-orange flowers dotting beach dunes. Gaillardia (gay-LAR-dee-uh), a native North American wildflower that has become naturalized on the North Carolina coast, has been cultivated and hybridized and become a staple in gardens. Treasured for its brightly colored, daisy-like blossoms, hardiness and no-fuss life-style, it thrives in sandy, infertile soil and tolerates salt spray. Hardy in growing zones throughout the state, it will flourish most anywhere it is given good drainage and full sun. Growing 1–2 feet tall with an equal-size spread, it is considered a short-lived perennial but often self-sows new offspring. Firewheel will flower the first year from seed. Multiple combinations of bloom color are available in varying combinations of red, yellow and orange. Firewheel makes beautiful, long-lasting cut flowers.

Depending on the variety, firewheel plants can become floppy, but they can tolerate moderate to heavy shearing. The new variety ‘Mesa Yellow’, which is topped with masses of yellow blossoms, forms neat mounds. It won accolades in the 2010 All-America Selections trials. To find sources of seed, visit www.all-americaselections.org. Other popular firewheel varieties include ‘Arizona Sun’, ‘Fanfare’ and ‘Goblin’. ‘Sundance Bicolor’ is a double-flowered offering.

‘Shiny Boy’ watermelons

The early-maturing watermelon ‘Shiny Boy’ charmed judges in a taste test, with its sweet flavor and crisp texture. It won a stamp of approval from All-America Selections for 2010. A globe-shaped melon that grows to about 20 pounds, it is ready for harvest about 75 days from sowing. Vines spread to about 13-feet. Visit www.all-americaselections.org to find sources of seed. By May in North Carolina, soil temperatures are usually warm enough to sow watermelon seeds in the garden, or you can sow in pots earlier and transplant them when conditions are right. Germination takes 7–14 days.

Hort Shorts

- ▶ Plants in the carrot family, including dill, fennel and parsley, are enticing to many beneficial insects. Other favorites include angelica, cilantro, lovage and sweet cicely.
- ▶ Eggplants are heat-lovers, so don’t plant them too early in spring. Wait until daytime temperatures are consistently above 70 F and nighttime temperatures above 45 F.
- ▶ Honeybees are important pollinators and welcome garden visitors. The North Carolina Master Beekeeper Program offers free instruction to any North Carolina resident interested in raising bees, for fun or for profit. For more information, contact your Cooperative Extension office or visit www.cals.ncsu.edu/entomology/apiculture.
- ▶ Four ingredients are needed for successful composting: carbon (wood chips, leaves, paper products, etc.), nitrogen (grass clippings, kitchen scraps, manure, coffee grounds,



Gaillardia thrives in sand, infertile soil and tolerates salt spray.

tea bags, etc.), water and air. For basic and advanced composting information and resources in North Carolina, check out www.p2pays.org/compost.

- ▶ If you’re the type to garden without gloves, scrape your nails gently over a bar of soap to keep out dirt. To remove stubborn dirt stains and grass stains from hands and nails, rinse with hydrogen peroxide.
- ▶ Early-maturing lettuce varieties make for sooner spring salads. ‘Black Seeded Simpson’, ‘Green Ice’, ‘Oak Leaf’ and ‘Red Sails’ are ready in about 45 days from sowing. Salad or “mesclun” mixes contain varieties that can be cut as baby greens.
- ▶ The butterfly bush ‘Santana’ offers more than a summer punch of purple flowers. The variegated foliage—leaves green at the center with yellow margins—starts the show early. It grows to about 6 feet tall with a 5-foot spread.
- ▶ Growing plants for competitions, such as for a county fair, can keep children engaged in the summer garden. Give them their own plot, kid-sized tools and a tape measure or scales for tracking progress of a melon, sunflower or other prize hopeful.
- ▶ The recipe for nectar for hummingbird feeders is 1 part table sugar to 4 parts water. Boil the sugar water for 1 to 2 minutes and cool it before filling the feeder. ☺



Carla Burgess can be reached at ncgardenshare@mindspring.com.

For more gardening advice, go to the “Carolina Gardens” section of www.carolinacountry.com.

AMERICA'S OLDEST & LARGEST RARE BREED HATCHERY FREE COLOR CATALOG

Over 140 varieties of Baby Chicks, Bantams, Turkeys, Guinea, Peafowl, Game Birds, Waterfowl. Also Eggs, Incubators, Books, Equipment, and Medications.

Call 1-800-456-3280 (24 Hours A Day)

Murray McMurray Hatchery, C 130, Webster City, Iowa 50595-0458

www.mcmurrayhatchery.com

PALMETTO BUS SALES

CAROLINA'S CHURCH BUS SUPERSTORE

2004 FORD DIESEL - \$35,650



25 PASS. - VERY NICE! 70K MI.

MORE THAN
50 IN STOCK

15-45
PASSENGER
MODELS

EVERY
PRICE RANGE!

2004 FORD DIESEL - \$35,650

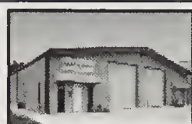


25 PASS. - VERY NICE! 70K MI.

Call 800-783-7613

www.PalmettoBusSales.com

I-26 AT EXIT #119
COLUMBIA, SC
LOCALLY OWNED
& OPERATED



Farm • Industrial • Commercial

25 Year Warranty on Roof & Walls;
Prices F.O.B. Mfg. Plants;
Seal Stamped Blue Prints;
Easy Bolt Together Design.

PRICES INCLUDE COLOR SIDES
& GALVALUME ROOF

30' x 50' x 10'.....\$7,649
40' x 60' x 12'.....\$10,779
60' x 100' x 12'.....\$20,695
80' x 100' x 14'.....\$27,995
100' x 150' x 14'.....\$49,995

Arena Special
(roof & frame)
100' x 100' x 14'...\$29,995

(Local codes may affect prices)

VISIT
OUR
WEBSITE



VISIT
OUR
WEBSITE

STEEL BUILDING SYSTEMS

Fax: 940-484-6746 email: info@rhinobldg.com
Website: http://www.RHINOBLDG.COM

Toll Free 1-888-320-7466



MORTON BUILDINGS



Call for More Information:
Lexington, N.C. 336-249-0490
Wilson, N.C. 252-291-1300
mortonbuildings.com

©2010 Morton Buildings, Inc. A listing of GC licenses available at: mortonbuildings.com/licenses.aspx



KENTUCKY
BUILDINGS
— LLC —

We are the Manufacturer!
Factory Direct Discounts!

FREE CATALOGUE

1-606-668-3446

www.kybuildings.net



50 Year All Steel • 35 Year Deluxe Color Roof & Trims • 2/12 & 4/12 Models
Farm • Church • Sports • Horse • Car • Plane • Home



*FINANCING
AVAILABLE WAC

\$9,995

(Payments as low as \$169 per month*)

30X50X10

Paint: Encl. used

HORSE BARNS • GARAGES • STORAGE BUILDINGS • HAY BARNS

Ask about our do-it-yourself
materials kit.



- Hurricane Upgrade E of I-95
- Fully Insured
- #1 Metal
- 4/12 roof pitch
- Engineered trusses
- Custom Sizes Available
- Local Codes & Freight May Affect Prices

1-888-427-BARN (2276)

www.nationalbarn.com NC Lic. #52845

Walk-In Bathtubs of NC Factory Direct Prices!

Variable Speed Heated Air Hydrotherapy Jets will

Massage & Melt all your Aches & Pains Away

We Guarantee the World's Highest Quality

Walk-in Bathtubs at AFFORDABLE PRICES

"Enjoy A Safe Luxurious Spa Experience at Home"

1-888-988-3842

CALL NOW For FREE INFORMATION

Senior Freedom Products of N.C. Factory Trained Installers

www.STOPyourFALLS.com



FREE In Home
Consultation

A Safe Relaxing Bath Anytime You Want

MOBILE HOME ROOF PROBLEMS?

PERMA-ROOF®

from Southern Builders

The Mobile Home Roofover
Specialist Can Help!



LIFETIME WARRANTY

ONE FOOT OVER-HANG

NO MORE ROOF RUMBLE

COMMERCIAL GRADE STEEL

2"or 3" FOIL BACKED INSULATION

CALL FOR A FREE ESTIMATE!

www.roofover.com

1-800-633-8969

H	O	L	R	T	A	I	N	C
V	I	R	N	J	C	T	O	H
N	C	T	H	I	O	J	V	R
I	V	O	C	R	T	H	J	N
J	T	C	O	H	N	V	R	I
R	H	N	J	V	I	C	T	O
C	N	V	T	O	H	R	I	J
O	R	I	V	C	J	N	H	T
T	J	H	I	N	R	O	C	A

NORTH CAROLINA SUDOKU

IN A WORD
NAUSEA

WORD PLAY
HOUSE < LOUSE < CLOSE <
CLOSE < CASTLE

MATCHBOXES
7552 43928
ANNE TYLER

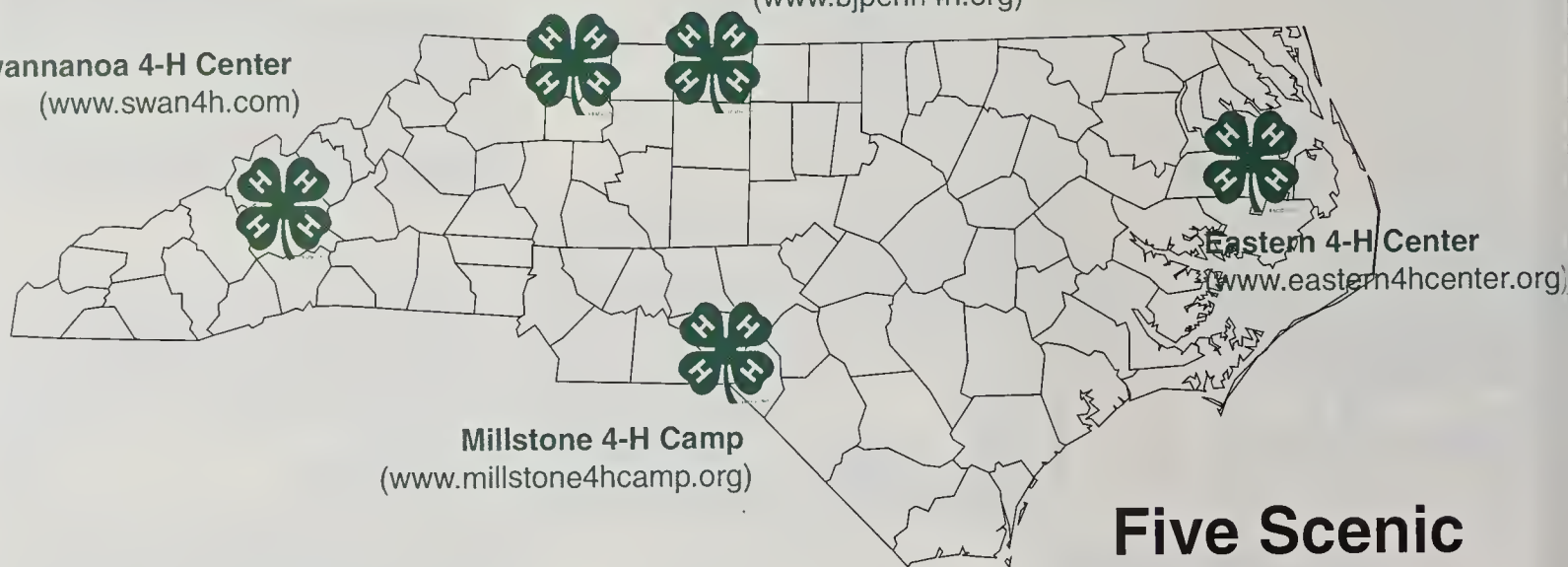
JOYNER'S CORNER ANSWERS:

North Carolina's 4-H Camps and Centers

Sertoma 4-H Center
(www.campsertoma.org)

Betsy-Jeff Penn 4-H Center
(www.bjpenn4h.org)

Swannanoa 4-H Center
(www.swan4h.com)



Eastern 4-H Center
(www.eastern4hcenter.org)

Millstone 4-H Camp
(www.millstone4hcamp.org)

**Five Scenic
Locations**

**www.nc4h.org/centers
(919) 515-3244**

Programs and Centers are open to all youth (boys and girls) ages 6-17. Facilities are available for off-season use.



Excellent Value and Programs

May Events



Bluegrass, country, beach—you'll find a variety of musical genres at Kernersville's Spring Folly music festival, May 7–9. Kid-oriented activities include rides, a petting zoo, crafts, and a climbing wall. Adults can shop for arts and crafts, tour the unusual Korner's Folly house, or view the antique car show on Saturday. To learn more, call (336) 993-4521 or visit www.kernersvillespringfolly.com.

ONGOING

Arts Councils' Fourth Friday
Fayetteville
(910) 483-5311
www.theartscouncil.org

Bluegrass Music
Every Thursday night through Oct. 15
Laurel Hill
(910) 844-3055

Spring Powwow
Dancing, drums
Through May 2, Lumberton
(910) 739-9999
www.lumbeetribe.com

Artist Billy Farmer
Through May 8, Wake Forest
(919) 570-0765
www.sunflowerstudiowf.com

Young at Art
Through May 15, West Jefferson
(336) 846-2787
www.ashecountyarts.org

Festival of Flowers
Through May 16, Asheville
(828) 225-6798
www.biltmore.com

"Metamorphosis: Metal and Mud"
Through May 22, Hillsborough
(919) 732-5001
www.hillsboroughgallery.com

"Steel Magnolias"
Through May 23
Flat Rock Playhouse, Hendersonville
(828) 693-9708

Back Stage Tour
May 28 through Aug. 20, Manteo
(252) 473-2127
www.thelostcolony.org

31 Days of Glory
Through May, Fayetteville
919-956-9400, ext. 211
www.31daysofglory.com

The Lost Colony Outdoor Drama
May 28–Aug. 8, Manteo
(252) 473-3414
www.thelostcolony.org

First Lady & President Polk Exhibition
Through June 11, Grover
(704) 937-2940
www.theinnofthepatriots.com

"I Am Woman" Art Exhibit
May 2 Through June 11,
Kings Mountain
(704) 739-5585
www.southernartssociety.org

Photos of the Rural South
Through June 27, Winston Salem
(336) 758-5150
www.renoldahouse.org

Tell Me A Story
Famous dolls from children's literature
Through June 30, High Point
(336) 885-3655
www.dollandminiaturemuseum.org

New Harmonies—Explores Musical Roots
Through June 12, Warrenton
(336) 334-5723
www.nchumanities.org

**Come Sit A Spell:
Views of The Southern Garden**
Artistic seating displays
Through August 22, Belmont
(704) 825-4490
www.dsbg.org

**From Lights to Flight: United States
Coast Guard Art Collection**
Through October 18
Elizabeth City
(252) 335-1453
www.museumofthealbemarle.com

100 Years of Southern Gospel
Rocky Mount
(757) 482-2179
www.songgardenmusicgroup.com

Waterfowl Reunion & Migratory Bird Day
Sylvan Heights Waterfowl Park
Scotland Neck
(252) 826-3273
www.shwpark.com

Heirloom & Herb Sale
Waxhaw
(704) 843-1832
www.museumofthewaxhaws.com

Spring Open House
Lexington
(336) 249-0383
www.uptownlexington.com

Ham & Yam Festival
Blackhawk to perform
Smithfield
(919) 934-0887
www.downtownsmithfield.com

Community Yard Sale

Scotland Neck
(252) 826-3152
www.townofscotlandneck.com

Muscadine Jubilee & Vineyard Blessing

Vale, WoodMill Winery
(704) 276-9911

Gears & Gables

Benefit ride for housing
Rutherfordton
(828) 245-0716
www.rutherfordhousingpartnership.com

DaisyDee's Festival of Arts & Crafts

Denver
(828) 308-6616
www.daisydeecrafts.com

Master Gardener Plant Sale

Lexington
(336) 731-7317

Carolina Wine & Jazz Festival

Fayetteville
(910) 483-5311
www.carolinawinejazzfest.com

Pictures at an Exhibit Concert

Symphony performs
Mussorgsky's masterpiece
(910) 483-5311
www.fayettevillesymphony.org

Paddle for the Border

South Mills
(252) 771-8333
www.cityofchesapeake.net/services/
depart/park-rec/paddlefortheborder.shtml

Spring Daze

Thomasville
(800) 611-9907
www.thomasvilletourism.com

Mayfest

Rutherfordton
(828) 245-1492
www.rutherfordtown.com

Heritage Day Festival

Asheboro
(336) 879-1606
www.sunnyslopesfarm.com

May Festival

Taylorsville
(828) 514-7227

Andy Griffith Show Lecture Series

Mount Airy
(336) 786-7998
www.andygriffithmuseum.com

Shutterbugs Nature Photography Workshop

May 1-2, Chimney Rock State Park
(828) 245-1492
www.chimneyrockpark.com

Rutherford County Symphony

Spindale
(828) 245-1492
www.foundationshows.org

Guided Canoe Trip

May 3, 10, Rosman
(828) 877-3106
www.headwatersoutfitters.com/
SignsofSpringarticle.html

"Nobody's Perfect"

Musical in English & sign language
Pembroke
(800) 367-0778
www.uncc.edu/gpac

Stamper's 101

Crafts
Tarboro
(252) 641-0857
www.cardscraps.com

Spring Garden Symposium

Registration fee
May 6, Historic Tarboro
(252) 823-5770

Doyle Lawson & Quicksilver Bluegrass Festival

May 6-8, Denton
(336) 859-2755
www.dentonbluegrass.com

Arts Festival Celebration

May 6-9, Lake Eden
(828) 686-8742
www.theleaf.org

Laurelfest

May 7-8, Laurel Hill
(910) 462-2424

Antique Tractor & Engine Show

May 7-8, Lake Lure
(828) 625-4720

Mayfest

May 7-9, Pilot Mountain
(919) 875-3134

Spring Folly

May 7-9, Kernersville
(336) 993-4521
www.kernersvillespringfolly.com

River District Artists

May 7-29, Hendersonville
(828) 693-8504
www.acofhc.org

Learning To Fly

Hands-on aviation event
Spencer
(704) 636-2889
www.nctrans.org

Cozfest

Bring blankets and chairs
for battle of bands
Greenville
(252) 329-4200

Chorale Spring Concert

Clayton
(919) 202-1361
www.theclaytoncenter.com

iPraise 2010

Christian Music Festival
Forest City
(828) 243-3445
www.iPraiseFest.com

Plant Sale

Welcome
(336) 731-1427

Dragon Boat Races & Cultural Festival

Lake Lure
(828) 625-2812
www.lureofthedragons.org

Craft Show

Mix of pieces by artists
May 8-9, Hendersonville
(828) 693-0403, ext. 205
www.flatrockplayhouse.org

King Henry Renaissance Faire

May 8-9 & 15-16, Rocky Mount
(919) 755-8004
www.ncrenfaire.com

Junior Museum Explorers

Spring on the farm in 1930s, 1940s
Elizabeth City
(252) 331-4047
www.museumofthealbemarle.com

Agricultural Fair

May 12-16, Burlington
(336) 228-6106

Carolina Gospel Association

Rutherfordton
(828) 245-1492
www.carolinagospel.com

Pig Out on Green & Street Dance

Hertford
(252) 426-1425
www.historichertfordinc.org

The Catalinas

Beach music band
Mount Airy
(336) 786-7998
www.surryarts.org

Dine With A Pirate

Museum of the Albemarle
Elizabeth City
(252) 335-1453
www.museumofthealbemarle.com

Seafood Festival

May 14-15, Engelhard
(252) 944-3668
www.engelhardseafoodfestival.com

NC State Button Show

May 14-15, Greensboro
(704) 864-4894
www.ncbuttonociety.com

Mid-Atlantic Airshow & Sport Aviation Convention

May 14-16, Lumberton
(910) 739-8196
www.mafasac.com

Family Boating & In-Water Boat Show

May 14-16, Morehead City
(252) 808-0440
www.downtownmoreheadcity.com

Phil Wiggins & Corey Harris

Blues concert
Raleigh
(919) 664-8302
www.pinecone.org

Art in the Park

Blowing Rock
(828) 295-7851
www.blowingrock.com/artinthepark

Crafty Saturday

Tarboro
(252) 641-0857
www.cardscraps.com

Bath Fest

Bath
(252) 923-0026
www.bathfest.com

Doll, Bear & Mother's Day Gift Show

Hillsborough
(803) 783-8049
www.knightshows.com

Strawberry Fest

Gold Hill
(704) 267-9439
www.historicgoldhill.com

Pirates Day at MOA!

Elizabeth City
(252) 331-4047
www.museumofthealbemarle.com

Country Roads Bike Tour

Scotland Neck
(252) 826-3152
www.townofscotlandneck.com

Have Fun & Be Safe

Household, outdoor
& farm safety program
Monroe
(704) 283-3740
http://union.ces.ncsu.edu

Art in the Park

Blowing Rock
(828) 295-7851
www.blowingrock.com/artinthepark

Naturalist Series Wildflower Walk

Chimney Rock State Park
(828) 245-1492
www.chimneyrockpark.com

World War II Reenactment

May 15-16, Huntersville
(704) 875-2312
www.lattaplantation.org

A Day with the Pirates

Museum of the Albemarle
Elizabeth City
(252) 335-1453
www.museumofthealbemarle.com

Potato Festival

Elizabeth City
(252) 338-4104
www.ncpotatofestival.com

239th Anniversary of the Battle of Alamance

May 15-16, Burlington
(336) 227-4785

Farm Foods & Crafts Tour

May 15-16, Louisburg
(919) 496-3344

Grandfather Mountain**Naturalist Weekend**

May 15-16, Linville
(800) 468-7325
www.grandfather.com

Dragon Boat/Asian Festival

Cornelius
(704) 540-6808
www.charlottedragonboat.com

Pawfest Wine Festival

Warrenton
(252) 257-9990
www.capofwarrenco.com

Small Grains Field Day

Union
(704) 283-3739
<http://union.ces.ncsu.edu>

Budgeting Class

Highlands Mountain
(704) 739-2371

Half Classic

Cherokee
(828) 837-2242
www.cherokee-county-chamber.com

City Crawl

Hickory
(828) 632-0106
www.downtownhickory.com

Collective Wine Festival

May 20-22, Highlands
(828) 526-4949
www.collectivespirits.com

21 May**Sea Cruz**

Beach music & variety group
Mount Airy
(336) 786-7998
www.surryarts.org

22 May**Car Cruise-In Fundraiser**

Vintage cars, food, festivities
Lexington
(336) 248-7303
www.unitedwaydavidson.org

Dairy Goat Festival & Parade

Spindale
(828) 202-5700
www.goatfestival.com

Night of the Spoken Word

West Jefferson
(336) 846-2787
www.ashecountyarts.org

Southern Gospel & Country Music Show

Dunn
(910) 890-4188
www.thesouthernband.com

Jonathan Scales Fourchestra

Steel pan maestro
New Bern
(252) 639-2902
www.jonscales.com

Car & Truck Show

Fayetteville
(910) 728-5372
<http://newlifebaptist4u.com/>
ChristianMotorSports.dsp

23 May**Jeff Dunham "Identify Crisis Tour"**

Ventriloquist
Fayetteville
(910) 438-4100
www.atthecrown.com

Guided Bird Walk—Breeding Birds

Chimney Rock State Park
(828) 245-1492
www.chimneyrockpark.com

27 May**The Embers**

Rhythm and blues/beach music
Mount Airy
(336) 786-7998
www.surryarts.org

Lil John's Mountain Music Festival

May 27-29, Snow Camp
(336) 376-8324
www.littlejohnsmountainmusic.com

28 May**The Fantastic Shakers**

Variety party music
Mount Airy
(336) 786-7998
www.surryarts.org



Dozens of kayakers will be taking to the Dismal Swamp Canal as they Paddle for the Border on May 1. The route begins in South Mills, NC and ends in Chesapeake, VA. Call (252) 771-8333 or visit www.cityofchesapeake.net/services/depart/park-rec/paddlefortheborder.shtml. Although registration is closed for this event consider a visit to the Great Dismal Swamp, which offers hiking, canoeing, kayaking, birdwatching and more. Visit www.dismalswamp.com.

29 May**RayLen's May Open House**

Mocksville
(336) 998-3100
www.raylenvineyards.com

Rutter's Magnificat Concert

Wilmington
(910) 254-1033

The Lettermen Concert

Spindale
(828) 245-1492
www.foundationshows.org

"A Face in the Crowd"

Classic 1957 film
starring Andy Griffith
Mount Airy
(336) 786-7998
www.surryarts.com

Battle of the Barbecue

Littleton (Lake Gaston)
(252) 586-5711
www.lakegastonchamber.com

JoyFest

Gospel music at Carowinds
Charlotte
(704) 587-9050
www.carowinds.com

Living History Day

Huntersville
(704) 875-2312
www.lattaplantation.org

Vettes in the Valley

Corvette cars show
May 29-30, Maggie Valley
(828) 734-0126
www.smokyevents.com

Garden Jubilee Festival

May 29-30, Hendersonville
(828) 693-9708
www.historichendersonville.org

Made In America

Chorale performance
May 29-30, Davidson
(704) 875-1471
www.northmeckcommunitychorus.org

30 May**Memorial Day Parade & Celebration**

Thomasville
(800) 611-9907
www.thomasvilletourism.com

Thyatira Presbyterian Church's**150th Celebration**

Salisbury
(704) 636-1595
www.thyatirapresbyterian.org

Listing Information**Deadlines:**

For July: May 24

For August: June 24

Submit Listings Online:

Visit www.carolinacountry.com and click "See NC" to add your event to the magazine and/or our Web site. Or e-mail events@carolinacountry.com



New gadgets help you track energy use at home

Being more energy efficient starts with an awareness of how electricity is being used. A number of new gadgets can help your family monitor usage.

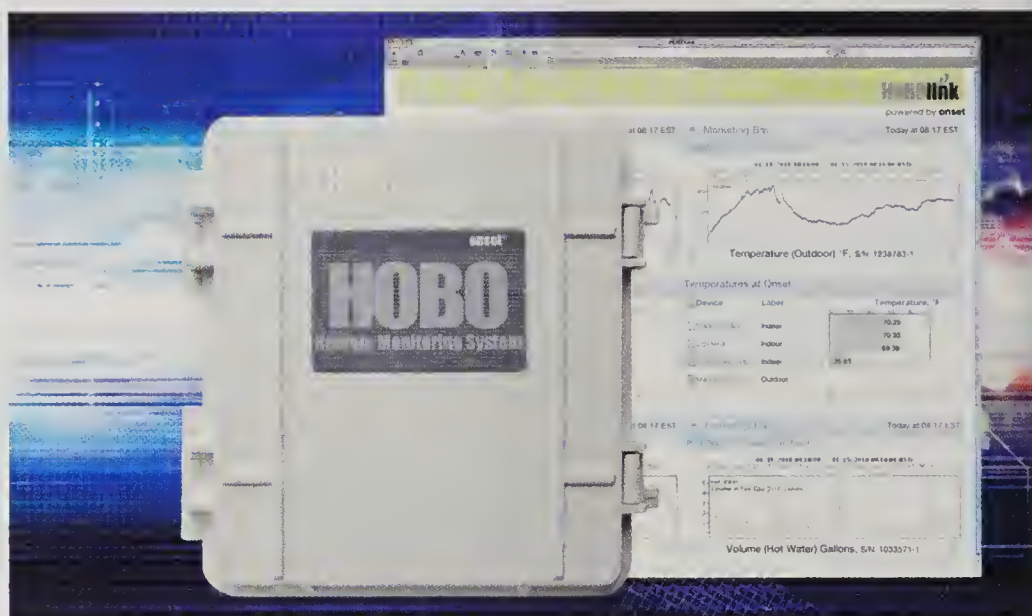
It is surprising how some minor lifestyle changes can reduce the amount of energy your home consumes. This is not only a matter of saving money on your bills. As our homes become more dependent upon electricity, conserving energy from all sources is a wise move.

Educate your family

It helps first to educate your family on which electric devices use the most electricity so they can minimize usage. Generally, any appliance or device that creates heat uses the most electricity. Incandescent light bulbs are a good example. You might consider labeling some of these devices with a red sticker to remind everyone of the major electricity consumers.

New devices available

As a next step, a number of new energy management devices are available to help. An example is the Power Monitor



The remote monitoring system compiles and displays information from various energy data loggers throughout the house.

Resources

Agilewaves (650) 839-0170
www.agilewaves.com

Black & Decker (800) 544-6986
www.blackanddecker.com/energy

Control4 (888) 400-4070
www.control4.com

Energy Inc. (800) 959-5833
www.theenergydetective.com

Onset (800) 564-4377
www.onsetcomp.com

by Black and Decker. This is a two-piece system: a wireless sensor attaches to the electric meter outside, and a small digital display is kept inside to relay the meter reading. Your electric co-op's rate can be programmed in to accurately calculate the real time cost in dollars. To see how much a specific appliance costs to use, switch it on and watch the display to see how much electricity is being used. These work on most electric meters, but not all, so check their Web site for compatibility.

Another, more expensive example is TED (The Energy Detective) by Energy, Inc., which operates in a similar fashion except it senses electricity use from current transformers on the circuit breaker panel. There are two TED models: the

more advanced "TED 5000" can be monitored from a personal computer or even a mobile phone.

More advanced energy management systems have wireless sensors on electric and gas appliances. The main control unit and display compiles this information so you can program and control each appliance's energy use. If there are excessive energy use alerts, these systems can send out notifications by e-mail or text message. 📧

Have a question for Jim?

Send inquiries to:
James Dulley, Carolina Country,
6906 Royalgreen Dr.,
Cincinnati, OH 45244
www.dulley.com

Business Opportunities

NEW! GROW EXPENSIVE PLANTS, 2000% Profit, Earn to \$50,000, Free Information Growbiz, Box 3738-NC5, Cookeville, TN 38502—www.growbiz-abco.com

WATKINS SINCE 1868. Top Ten Home Business. 350 products everyone uses. Free catalog packet. 1-800-352-5213.

FREE QUOTE—quality health insurance at affordable rates. We have individual and family plans with low doctor and prescription drug copays. Low-cost plans for Medicare beneficiaries are also available. Contact one of our health insurance specialists at 1-800-982-8842 or visit www.statewideinsure.com

ROOFS KILLING YOU? Instant renew roof coatings (sm). Saves replacement, All Metal Flat Roofs Mfg. 573-489-9346.

TAKE CONTROL OF YOUR FUTURE! 50 year old distribution company looking for online trainers. Flexible hours, work from home. www.looknfeelyoung.com

THE MOST ENERGY EFFICIENT Roofing and insulation systems in the world. www.sprayman.net or 704-592-2229. Agricultural, residential, commercial, industrial. We Now Offer Foam Injection For Older Homes.

Vacation Rental

ROMANTIC GET AWAY in the Blue Ridge Mountains. Beautiful log cabins with real fireplaces and Jacuzzi tubs. Fully equipped for the perfect weekend with the one you love. Call 888-627-6037 or check us out at www.treasurecovecabins.com

BEACH HOUSE, Cherry Grove, SC. 4BR/2B, sleeps 14. 828-478-3208. Request photos: bnagel36@charter.net

EMERALD ISLE, NC Oceanfront Beach house—4BR/3BA, sleeps 8. \$1000 to \$3300 weekly, Sat.—Sat. 252-943-1011.

CHERRY GROVE CHANNEL HOUSE. 4BR/3.5BA. 919-542-8146. Very nice, weekly/weekend.

EMERALD ISLE CAMP OCEAN FOREST Campground. Camping next to the ocean. Call 252-354-3454 for reservations or www.campoceanforest.com

CONDO-SUMMERWINOS near Emerald Isle in Salter Path. 4 bedrm. 3 bath, 4th floor, ocean front, fully furnished. Pools. Call 804-282-9350 after 6 PM. www.swartzproperties.com

PALMS RESORT, MYRTLE BEACH. Amazing views, oceanfront, spacious, beautiful, 1bed/1bath, sleeps 6. Balcony, stainless kitchen, fireplace, amenities galore. 828-288-9923, 828-980-8128.

PRIVATELY OWNED CONDO between Atlantic Beach and Emerald Isle for rent. www.nc-beachrental.net

OG CABIN IN MOUNTAINS of Ashe County, NC. Daily or weekly rental. 336-982-2463. www.carsonlogcabin.net/firms.com

MYRTLE BEACH OCEAN LAKES, 3BR/2BA, 10-425-5704 or knlsnyder@embarqmail.com

SMOKY MOUNTAIN VIEWS HOUSE; 3BR/2BA; close to Asheville, Gatlinburg, and ski resorts. 828-506-0207.

ATLANTIC BEACH OCEANFRONT, Breathtaking view. 1/BR/1½BA with full amenities, \$75. 816-931-3366.

PIGEON FORGE, TN. LOG CABINS. 251-649-3344 or 251-649-4049—www.hideawayprop.com

BEAUTIFUL LOG CABIN HOME in NC mountains in Todd, NC (near Boone) for rent. Great for small group or family retreats. www.thecabincove.com

OAK ISLAND, NC—4BR/3BA HOUSE; Boatdock, Oceanview, sleeps 10. \$649-\$899/wk. aldersgateumc@aol.com

HATTERAS ISLAND (AVON)... 4 Bedroom, 2 Bath. www.vacationshatteras.com or call 856-451-2169.

SMOKEY MOUNTAIN LOG CABIN, secluded, pet friendly, non-smoking. www.VRBO.com/167632

MYRTLE BEACH, OCEAN LAKES CAMPGROUND—House sleeps 6. 2BR/1BA. Missy 336-956-4405. deverharts@lexicominc.net

BLOWING ROCK HOUSE HOUND EARS CLUB for rent. 3BR/3B, nice. 919-510-4461 after 6.

Real Estate

AFFORDABLE HOMES from \$199/month! 1—4 bedrooms available 5% down, 15 years at 8%. For listings 800-749-8106 ext. S519.

OCEAN ISLE BEACH area. Very nice, quality built DUPLEX. View details at www.518-520sylvan.com or call Furman Melton, Broker, 910-520-8509.

OAK ISLAND, HOLOEN BEACH, OCEAN ISLE BEACH homes for sale. To request info e-mail furman@furmanmelton.com. Furman Melton-Broker, www.furmanmelton.com 910-520-8509.

18+ ACRES OFF ROARING FORK ROAD, Creston, NC (Ashe County). Building sites and marketable timber. \$80,000 negotiable. 336-385-2541.

EMERALD ISLE WATERFRONT, 2 blocks from ocean, 2+acre lot septic installed. County value = \$600,000, asking \$360,000. Call 252-725-3142.

Gold Maps

FUN, HOW TO PAN. Carolinas, Virginia, Georgia, Alabama, California. 1-321-783-4595. WWW.GOLDMAPS.COM

For Sale

BAPTISTRY PAINTINGS—JORDAN RIVER SCENES. Custom Painted. Christian Arts, Goldsboro, NC 1-919-736-4166. www.christian-artworks.com

REPOS! CARS/TRUCKS/SUV'S from \$500! For listings 800-749-8104 ext. N470.

\$500! POLICE IMPOUNOS! Hondas/Chevys/Jeeps, etc. Cars from \$500! For listings 800-749-8104 x 2798.

WORK CLOTHES—Good clean—6 pants and 6 shirts to match \$44.95, Men's denim jeans 5 pair/\$25.00, Lined work jackets, \$10.95. 1-800-233-1853. www.usedworkclothing.com

FARMTEK/CLEARSPAN FABRIC STRUCTURES and greenhouses. Low cost, high quality farm and commercial multi-purpose buildings. New Local Dealer/Builder: Woodstream Custom Builders, LLC, licensed general contractor. Contact today at: 0-336-982-8880, C-336-977-9175, E-mail: woodhome@skybest.com

RX—MEDICAL SAVINGS SAVE 50–90% on monthly meds from our licensed pharmacy partners. Hundreds of brand name generics shipped to your door. 90 day supply. Advair, Symbicort, Lexapro, Zyprexa, Lipitor, Crestor, Lantus, Humalog, Actos, Plavix, Eye Drops, Inhalers. Call 800-288-9526 for free info and quote.

“CAROLINA COUNTRY REFLECTIONS” More than 200 photographs showing life in rural North Carolina before 1970. Each picture has a story that goes with it. Hardcover, coffee table book, 160 pages. Only \$35 (includes tax and shipping). Order online www.carolinacountry.com or call 919-875-3091.

Miscellaneous

PLAY GOSPEL SONGS BY EAR! 10 lessons \$12.95. “Learn Gospel Music.” Chording, runs, fills—\$12.95. Both \$24. Davidsons, 6727C Metcalf, Shawnee Mission, Kansas 66204.

BECOME AN ORDAINED MINISTER, Correspondence study. Founded in 1988. Luke 17:2. Free information. Ministers for Christ Outreach, 7549 West Cactus, #104-207, Peoria, AZ 85381. www.ordination.org

BLUEGRASS MUSIC! Free catalog. 1-800-473-7773 or www.musicshed.com

DIVORCE MADE EASY. Uncontested, in prison, alien, lost—\$149.00 Phone 417-443-6511, 10am–10pm.

FREE BOOKS/OVDs—SOON THE “MARK” of the beast will be enforced as church and state unite! Let the Bible reveal. The Bible Says, POB 99, Lenoir City, TN 37771 thebiblesaystruth@yahoo.com

I BUY DOODGE/PLYMOUTH MUSCLE CARS. 1966–1972, Roadrunners, GTX, Challengers and Cudas. 336-366.7233.

The N.C. Association of Electric Cooperatives and its member cooperatives do not necessarily endorse the services and products advertised. Readers are advised to understand fully any agreement or purchase they make.

“Earth” Outdoor Wood Furnaces

Starting At

\$3,995

417-746-0043

www.EarthWoodFurnace.com





Marinated Catfish Fillets

- 6 catfish fillets (about 8 ounces each)
- 1 bottle (16 ounces) Italian salad dressing
- 1 can (10¾ ounces) condensed tomato soup, undiluted
- ¾ cup vegetable oil
- ¾ cup sugar
- ⅓ cup vinegar
- ¾ teaspoon celery seed
- ¾ teaspoon salt
- ¾ teaspoon pepper
- ¾ teaspoon ground mustard
- ½ teaspoon garlic powder

Place fillets in a large resealable plastic bag or shallow glass container; cover with salad dressing. Seal bag or cover container; refrigerate for 1 hour, turning occasionally. Drain and discard marinade.

Combine remaining ingredients; mix well. Remove 1 cup for basting. (Refrigerate remaining sauce for another use.)

Grill fillets, covered, over medium heat for 3 minutes on each side. Brush with the basting sauce. Continue grilling for 6–8 minutes or until fish flakes easily with a fork, turning once and basting several times.

Yield: 6 servings



Barbecued Hot Wings

- 12 whole chicken wings (about 2½ pounds)*
- 1 bottle (8 ounces) Italian salad dressing
- ½–¾ cup hot pepper sauce
- ⅛–½ teaspoon cayenne pepper
- 2 tablespoons butter or margarine, melted

* 2½ pounds of uncooked chicken wing sections may be substituted for the whole chicken wings. Omit first step of the recipe.

Cut chicken wings into three sections; discard wing tips. In a bowl, combine salad dressing, hot pepper sauce and cayenne. Remove ½ cup for basting; cover and refrigerate. Place remaining sauce in a large resealable plastic bag or shallow glass dish; add chicken and turn to coat. Seal or cover and refrigerate overnight. Drain and discard the marinade.

Grill wings, covered, over medium heat for 12–16 minutes, turning occasionally. Add butter to the reserved sauce; brush over wings. Grill, uncovered, 8–10 minutes longer or until juices run clear, basting and turning several times.

Yield: 6–8 servings



Vanilla Pudding Dessert

- 2¾ cups cold milk
- 1 package (5.1 ounces) instant vanilla pudding mix
- 1 can (14 ounces) sweetened condensed milk
- 1 carton (12 ounces) frozen whipped topping, thawed
- 4 cups crushed vanilla wafers (about 120 wafers)
- 3 cups sliced fresh strawberries

In a large bowl, whisk milk and pudding mix for 2 minutes. Let stand for 15 minutes; fold in condensed milk. Set aside 1 tablespoon whipped topping and 2 tablespoons wafer crumbs. Fold remaining whipped topping into pudding.

In a 3 quart serving bowl, layer a third of the strawberries, wafer crumbs and pudding mixture. Repeat layers twice. Sprinkle with reserved wafer crumbs; top with reserved whipped topping. Refrigerate until serving.



Grilled Pineapple

- ¼ cup maple syrup
- 3 tablespoons butter (no substitutes), melted
- 1 fresh pineapple
- 2 tablespoons chopped macadamia nuts or hazelnuts, toasted

Combine syrup and butter; set aside. Quarter the pineapple lengthwise, leaving top attached. Grill, uncovered, over medium heat for 5 minutes. Turn; brush with maple butter. Grill 5–7 minutes longer or until heated through; brush with maple butter and sprinkle with nuts. Serve with remaining maple butter.

Yield: 4 servings

From Your Kitchen

Green Pea Salad

- 1 can LeSeurer peas, drained
- 1 cup grated sharp cheese
- 1 onion, chopped
- 1 cup chopped celery
- 1 cup chopped pecans
- 1 small jar pimiento, drained
- ½ cup Marzetti slaw dressing

Mix all together except dressing. Pour slaw dressing over mixture. (You may adjust the slaw dressing amount to suit your taste and consistency.) Refrigerate.

Elsie Mills of Indian Trail, a member of Union Power Cooperative, will receive \$25 for submitting this recipe.

Send Us Your Recipes

Contributors whose recipes are published will receive \$25. We retain reprint rights for all submissions. Include your name, address, phone number (for questions), and the name of your electric cooperative. Mail to: Carolina Country Kitchen, P.O. Box 27306, Raleigh, NC 27611 or E-mail to: Jenny.Lloyd@carolinacountry.com



Find more than 500 recipes at www.carolinacountry.com

Recipes are by Taste of Home magazine. For a sample copy, send \$2 to Taste of Home, Suite 4321, PO Box 990, Greendale, WI 53129-0990. Visit the Web site at www.tasteofhome.com.



**LOCK IN YOUR SAVINGS
FOR 12 MONTHS**

regular price
~~\$34.99~~

\$19.99
a month
for 12 months

OVER **120** CHANNELS



FOR A **LIMITED TIME** RECEIVE:

FREE



Activation
(\$99 Value)

FREE

**HBO &
SHOWTIME**

18 channels
for 3 months

FREE



2 Room
HD-DVR Upgrade
1 HD-DVR + 1 SD-DVR

FREE



Up to 6 Room
Installation

CALL TODAY
1.877.316.5795

WE ARE OPEN 7 DAYS A WEEK 8 AM - MIDNIGHT EST • SUNDAY 9 AM - MIDNIGHT EST • OFFER ONLY GOOD TO NEW DISH SUBSCRIBERS • SE HABLA ESPAÑOL

WWW.INFINITYDISH.COM

Initial Home Advantage offer requires 24-month commitment and credit qualification. If service is terminated before the end of commitment, a cancellation fee of \$17.50/month remaining will apply. Programming credits will apply during the first 12 months. All equipment is leased and must be returned to Dish Network upon cancellation or unreturned equipment fees apply. Limit 6 leased tuners per account; lease upgrade fees will apply for select receivers; monthly fees may apply based on type and number of receivers. To qualify for a DVR upgrade, a \$6 monthly service fee applies to DVR service. HD programming requires HD television. All prices, packages and programming subject to change without notice. Local channels only available in certain areas. Offer is subject to the terms of applicable Promotional and Residential Customer Agreements. Additional restrictions and fees may apply. First-time Dish Network customers only. Offer ends 5/31/10. HBO/Showtime: Programming credits will apply during the first 3 months. Customer must downgrade or then-current price will apply. HBO® and related channels and service marks are the property of Home Box Office, Inc. SHOWTIME and related marks are trademarks of Showtime Networks Inc., a CBS company. InfinityDISH charges a one-time \$49.95 non-refundable processing fee.

ATTENTION! ELECTRIC COOPERATIVE MEMBERS!

Here's a plan that can provide
CASH TO HELP WITH FINAL EXPENSES

Up to **\$35,000!***

* Selected maximums apply depending on age

Now you can have a life insurance plan to help cover your final expenses –
a plan which pays up to \$35,000 to help your family cover your last expenses – worldwide.

- Protection up to \$35,000
- Benefits begin first day
- Eligible up to age 85
- No physical exam required, based on coverage
- No waiting period
- Proceeds immediately available at death of insured
- Company cannot cancel your plan, reduce your benefits or raise your premium
- Can cost only pennies a day
- Whole Life Insurance Policy 4-790(92)
Underwritten by Standard Life and Casualty Insurance Co

CLIP AND MAIL COUPON TODAY!

MOST HEALTH CONDITIONS ACCEPTED!

Not affiliated with or endorsed by any government agency

Sample Monthly Rates per 1,000*

<u>Issue</u> <u>Age</u>	<u>Male</u> (non-tobacco)	<u>Female</u> (non-tobacco)
5	\$.55	\$.55
15	\$.59	\$.55
35	\$ 1.30	\$ 1.08
55	\$ 3.20	\$ 2.53
65	\$ 5.36	\$ 4.14
75	\$ 10.23	\$ 7.64
85	\$ 19.77	\$ 16.52

* Does not include \$36 policy fee, minimums may apply

Sample Monthly Rates per 1,000*

<u>Issue</u> <u>Age</u>	<u>Male</u> (tobacco)	<u>Female</u> (tobacco)
5	N/A	N/A
15	N/A	N/A
35	\$ 1.79	\$ 1.49
55	\$ 4.30	\$ 3.55
65	\$ 7.18	\$ 5.41
75	\$ 13.24	\$ 8.85
85	\$ 26.26	\$ 17.67

* Does not include \$36 policy fee, minimums may apply

ACT NOW!

Peace of Mind
3700 Forest Drive Suite 205
Columbia, SC 29204

Yes, I would like to know more about peace of mind!

Name _____

Address _____

City _____ State _____ Zip _____

Date of Birth _____ Telephone _____

**MAIL THIS COUPON TODAY TO RECEIVE
FULL DETAILS WITHOUT OBLIGATION**

CC 05/10